

Welcome to City of Bloomington Parks and Recreation!

Our mission is to provide essential services, facilities and programs necessary for the positive development and well-being of the community through the provision of parks, greenways, trails and recreational facilities while working in cooperation with other service providers in CITY OF BLOOMINGTON the community in order to maximize all available resources.



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City of Bloomington Parks and Recreation Department office, City Hall



401 N. Morton St., Ste. 250 Phone: (812) 349-3700

Fax: (812) 349-3705

E-mail: parks@bloomington.in.gov

Hours: Monday–Friday, 8 a.m.–5 p.m. **Closings** (entire City building is closed): *Labor Day* (September 7), *Columbus Day* (October 12), *Veterans Day* (November 11), *Thanksgiving* (November 26–27), *Christmas Day* (December 25)

Services offered: Program/event registration, shelter rentals, ballfield rentals, recreational gear rental, maps, brochures, sponsorship inquiries (see page 46), volunteer inquiries (see page 45) and community relations.

Parking: Designated visitor spaces available in lot on north end of the building. Metered parking and designated visitor spaces on Morton St.

Accessibility: Designated parking spaces in North and South lots, ramp/sidewalk access from parking lots, automatic doors at south entrance, elevator located inside main entrance, restrooms available on ground and second floor level.

Mayor of Bloomington Mark Kruzan

Parks and Recreation Department Director Mick Renneisen

Board of Park Commissioners

John Carter—President Jane St. John—Vice President Les Coyne Joe Hoffmann

The Board of Park Commissioners holds regular meetings the fourth Tuesday of every month, which are open to the public. Meetings begin at 4 p.m. in City Hall, located at 401 N. Morton St. Citizens of Bloomington are invited to visit the Board of Park Commissioners meetings with questions or concerns regarding City parks and recreation programs.

Equal Opportunity is for everyone

This program receives federal funds from the National Park Service. Regulations of the U.S. Department of the Interior strictly prohibit unlawful discrimination in departmental federally assisted programs on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against in any program, activity or facility operated by a recipient of federal assistance should write to:

Director, Equal Opportunity Program, U.S. Department of the Interior, P.O. Box 37127, Washington D.C. 20013-7127

This guide is printed with soy-based ink on 10 percent post-consumer recycled paper.

Many of our programs and events are part of the Bloomington Entertainment and Arts District (BEAD). BEAD is a

BEAD is a geographically defined, mixed-use

cultural district capitalizing on local and regional assets that are specific to the cultural, economic and social issues of Bloomington.

For more information on BEAD visit http://bloomington.in.gov.

HOTLINE NUMBERS

Community Events Performing Arts Series Peoples Park Concerts (812) 349-3754

All Sports (Basketball, Softball, etc.) (812) 349-3610

Frank Southern Ice Arena (Fall/Winter) (812) 349-3741

Additional numbers

Maintenance Headquarters Rose Hill & White Oak Cemeteries (812) 349-3498

Lee Huss, Urban Forester (812) 349-3716

Inclusive Recreation Services (812) 349-3747

Are you on our mailing list?

To receive the program guide, published three times per year, please call 349-3700 and ask to be placed on the mailing list.

Photo policy

Parks and Recreation staff may videotape or take photos of participants in programs and at special events or of people in parks or on park properties. These photos may be used in future program guides, brochures, fliers or other materials used to promote Parks and Recreation.



Please recycle this guide.

Inclusive Approach to Recreation

Parks and Recreation is committed to an inclusive approach to recreation. Inclusion is individuals with and without disabilities participating in recreation activities together. All of our programs



are inclusive to people with and without disabilities. See page 15 for more information about our Inclusive Recreation Services.

Fee Waivers

Parks and Recreation offers fee waivers for use of Bryan Park and Mills Pools. Applications can be obtained at the Parks and Recreation office or any parks facility, and may be submitted to any Bloomington Parks and Recreation facility or employee. Proof of income and in-city residency is required along with a nonrefundable \$2 fee. Approval of fee waiver requests is based on Federal Poverty Guidelines as received from the Indiana Family and Social Services Administration's Housing and Community Services Section.

Scholarships

Because some residents are unable to participate in our programs due to economic hardship, the Bloomington Community Park and Recreation Foundation provides youth scholarships to offset certain fees and charges. Scholarship applications can be obtained at the Parks and Recreation office, Monday through Friday, 8 a.m.–5 p.m., at any department facility, or online at www.bloomington.in.gov/parks. Scholarship applications must be submitted at least two weeks prior to the start of the program for which applying. Proof of income and in-city residency is required.

Natural Resources Educator

Learn more about the amazing natural and cultural resources of our community courtesy of our Natural Resources Educator! Schedule general or specialized programs, classroom visits or field trips to suit your interests. For more information, call 349-3759.

Space is Limited—Register Early!

All classes have limited spaces available. To ensure enrollment, please register by dates given. After the registration deadline please call for space availability. Register by sending in the enrollment form in this guide or in person from 8 a.m.–5 p.m. at the Parks and Recreation office, 401 N. Morton St., Ste. 250. You may also register online at www.bloomington.in.gov/parks.

Nothing cancels a good course quicker than everyone waiting until the last minute to register. If there are not enough registrations by the registration deadline, the course may be cancelled. Coming in on the day the course begins won't resurrect it, so please register early.

Refund Policy

No refunds are provided after the first day of a program. All refunds are subject to a \$2 administrative fee. If the \$2 charge does not cover costs incurred by the Department, the refund may be pro-rated in addition to the \$2 charge. There are no refunds on season passes. Full refunds are given for all classes cancelled by Parks and Recreation.

Substitution Policy

Parks and Recreation reserves the right to use substitute instructors and alternate facilities when necessary.

The City of Bloomington Parks and Recreation Department is proud to offer programs that help make Bloomington an active community!



The Active Living Coalition strives to increase the number of people in Monroe County who engage in healthy, active lifestyles by working together to present community events, conduct research, offer networking opportunities, and provide heart-healthy programs for all ages. For more information visit www.bloomingtonhospital.org. Click on the "Events and Classes" pull-down menu and select "Active Living."

Look for the "Healthy Heart" logo next to heart-healthy programs throughout this guide. We are pleased to offer not only heart-healthy programming, but also a trained Health and Wellness Coordinator, Lindsay Buuck, as a resource for building a healthy lifestyle.



Support Parks and the Community and Promote Your Business Become a Parks Partner

The Parks and Recreation Department offers a variety of programs for all ages and interests. Last year, more than 676,000 people participated in Parks and Recreation programs. If you are trying to reach youth, teens, families, young adults or adults over age 50 yrs., we have the medium to promote your product or service. If your business believes in supporting the community, quality of life and environment, City of Bloomington Parks and Recreation has many sponsorship options to choose from. See page 42 for more information.

Get Involved ... Volunteer!

Look for the volunteer symbol throughout the program guide.



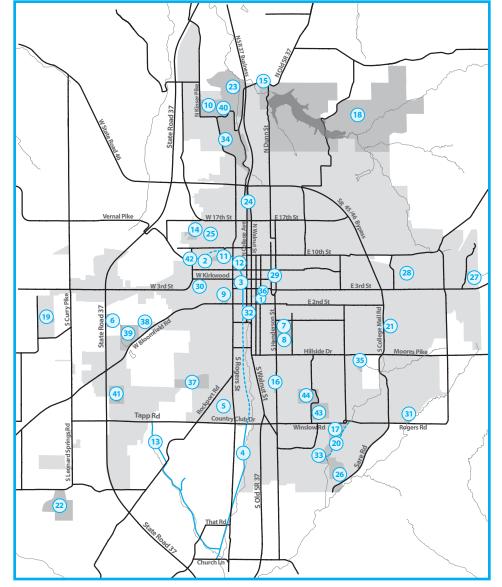
Parks and Recreation volunteers provide valuable services to the community by assisting in many events and programs in a variety of ways. Volunteers can participate on a regular basis or on occasion as desired. There are many opportunities for



individuals and groups to choose from and an assortment of times and days available. See page 45 for more information.

We have a park or facility in your neighborhood!

- 1. Allison-Jukebox Community Center 351 S. Washington St. ♦ (812) 349-3731
- 2. Banneker Community Center 930 W. Seventh St. ◆ (812) 349-3735
- **3. B-LineTrail**Trail access between Rogers and Second Streets.
- **4. Bloomington Rail Trail**Trailhead at W. Country Club Dr.
- **5. Broadview Park** 740 W. Graham Dr.
- **6. Brown's Woods** (undeveloped property) Basswood Dr./Just East of Hwy. 37
- **7. Bryan Park** 1001 S. Henderson St.
- 8. Bryan Park Pool 1100 S. Woodlawn Ave. ♦ (812) 349-3780
- **9. Building and Trades Park** 619 W. Howe St.
- **10. Rev. Ernest D. Butler Park** 812 W. Ninth St.
- **11. Cascades Golf Course** 3550 N. Kinser Pk. ♦ (812) 349-3764
- **12. City Hall/Parks and Recreation** 401 N. Morton St., Ste. 250 ♦ (812) 349-3700
- 13. Clear Creek Trail
 Trailheads at W. Tapp Rd., That Rd. and
 Church Ln., between S. Rogers St. and
 S. Old SR 37
- **14.** Crestmont Park & Community Gardens 600 W. 16th St.
- **15. Ferguson Park** (undeveloped property) N. Old SR 37/N. Dunn St.
- **16.** Frank Southern Ice Arena 1965 S. Henderson St. ♦ (812) 349-3740
- 17. Goat Farm 2000 E. Winslow Rd.
- **18. Griffy Lake Nature Preserve** 3300 N. Headley Rd. ◆ (812) 349-3732
- **19. Highland Village Park** 950 S. Harvey Dr.
- **20. Jackson Creek Trail** Construction scheduled for 2010.
- **21. Latimer Woods** 3200 E. Buick Cadillac Blvd.
- **22. Leonard Springs Nature Park** 4685 S. Leonard Springs Rd.
- **23. Lower Cascades Park** 2851 N. Old State Rd. 37
- **24.** Miller-Showers Park 1500 N. College Ave.



- **25.** Mills Pool 1100 W. 14th St. ♦ (812) 349-3781
- **26. Olcott Park** 2300 E. Canada Dr.
- **27. Park Ridge East Park** 4221 E. Morningside Dr.
- **28. Park Ridge Park** 3421 E. Longview Ave.
- **29. Peoples Park** 501 E. Kirkwood Ave.
- **30. Rose Hill Cemetery** 1100 W. Fourth St. ♦ (812) 349-3498
- **31. Schmalz Park** 3010 E. Daniel St.
- **32. Seminary Park** 100 W. Second St.
- **33. Sherwood Oaks Park** 1600 E. Elliston Dr.
- **34. Skate Park at Upper Cascades** 2602 N. Kinser Pk.

- **35. Southeast Park** 1600 Sycamore Ct.
- **36. Third Street Park** 331 S. Washington St.
- **37. Thomson Park** 1400 W. Thomson Park Dr.
- 38. Twin Lakes Recreation Center 1700 W. Bloomfield Rd. ♦ (812) 349-3720
- **39. Twin Lakes Sports Park** 2350 W. Bloomfield Rd.
- **40.** Upper Cascades Park 3550 N. Kinser Pike
- **41. Wapehani Mountain Bike Park** 3401 W. Wapehani Rd.
- **42. White Oak Cemetery** 1200 W. Seventh St. ◆ (812) 349-3498
- **43. Winslow Sports Complex** 2800 S. Highland Ave.
- 44. Winslow Woods Park/Willie Streeter Community Gardens 2120 S. Highland Ave.

relocation guide

to adult programs, classes and services formerly held at the Banneker Community Center and BACC

For more information about BACC program relocation, call (812) 349-3700, e-mail parks@bloomington.in.gov, or visit bloomington.in.gov/parks.

fitness & wellness

Class	Day	Time	Location
Aerobic Exercise	Tue./Fri.	2–2:45 p.m.	Twin Lakes Recreation Center
International Folk Dance	al Folk Dance Wed. 1:30–3 p.m. Twin Lal		Twin Lakes Recreation Center
Senior Volleyball	Mon.–Fri.	9:30–11:30 a.m.	Twin Lakes Recreation Center

arts & crafts

Class	Day	Time	Location
Lap Quilting	Tue.	9:30–11:30 a.m.	Twin Lakes Recreation Center

cards & games

Class	Day	Time	Location
Bingo	Mon./Thur.	Mon. 1 p.m./Thurs. 1:30 p.m.	Twin Lakes Recreation Center
Bunco	Mon.	2–3 p.m.	Twin Lakes Recreation Center
Cards & Games	Mon.–Fri.	8 a.m.–3 p.m.	Twin Lakes Recreation Center
Drop-in Bridge	Mon./Wed./Fri.	11:30 a.m.–Noon	Twin Lakes Recreation Center
Euchre	Mon./Wed./Fri.	11 a.m.–3 p.m.	Twin Lakes Recreation Center

other activities

Class	Day	Time	Location
Golden Age of Radio	Mon./Wed./Fri.	1–2 p.m.	Monroe County Public Library

facility rentals & private use

Class	Day	Time	Location
Bridge Club	1st Mon./ 2nd & 4th Tue.	10:30 a.m.–3 p.m.	Twin Lakes Recreation Center

partnered/sponsored programs

Class	Day	Time	Location
Blood Pressure Checks	First Mon./	10–11 a.m.	Twin Lakes Recreation Center
Nightingale Home Healthcare	Third Thur.		
Legal Counseling	First Mon.	3–4 p.m.	Twin Lakes Recreation Center
Attorney Tom Bunger			

language & computers

Class	Day	Time	Location	
Beginning Spanish	Wed.	1–3 p.m.	Rhino's Youth Center	
SeniorCyberNet			Twin Lakes Recreation Center	
Spanish	Mon.	10–11 a.m.	Rhino's Youth Center	

Shelter House Rentals

Shelter house reservations may be made IN PERSON at the Parks and Recreation office, Monday-Friday, from 8 a.m.-5 p.m. With the exception of Twin Lakes Lodge, shelter reservations may also be made online; the Lodge must be reserved in person. The Parks and Recreation office is located inside City Hall at 401 N. Morton St., Ste. 250. Shelters are available for rental April 1–October 31. Reservations are available year round on a first-come, first-served basis.

Bryan Park—Henderson—\$42

This shelter is near Henderson St., close to the new Tot Lot playground, and houses 25–30 people. The shelter is equipped with a grill, but no electricity.

Bryan Park—North Shelter—\$42

This shelter is located near the north side of the park. It houses approximately 25–30 people and comes equipped with a grill, water and electricity.

Brvan Park—Woodlawn Group Shelter—\$54

This shelter is near Woodlawn Ave. and situated close to Bryan Park Pool and the tennis courts. It houses approximately 120 people, is wheelchair accessible, and comes equipped with grills, electrical outlets and lights.

Building and Trades Park Shelter—\$42

Located across from Bloomington Hospital on Second St., this shelter houses 25-30 people. It is wheelchair accessible, comes equipped with accessible restrooms and a grill, but no water or electricity.

Lower Cascades Park—Sycamore Shelter—\$60

Located in the lower portion of Cascades Park, this shelter houses approximately 75 people. Bathrooms (open seasonally) are a part of the building, and the shelter comes equipped with grills, electricity, playground access and a large parking lot.

Lower Cascades Park—Waterfall Shelter—\$54

This shelter houses approximately 75 people. It comes equipped with electricity, a fireplace, playground access, grills and a sand volleyball court nearby. Restrooms are across the road at the playground or in the Sycamore Shelter.

Olcott Park—Young Pavilion—\$54

This round pavilion can accommodate 50-75 people. It is wheelchair accessible and comes equipped with picnic tables and a group grill, but no lights or electricity. Restrooms are located nearby.

Thomson Park—Small Shelter—\$42

Located off Rockport Rd./Countryside Ln. on Thomson Park Dr., this accessible shelter houses approximately 25–30 people. It comes equipped with a grill, but no water or electricity. Restrooms are located nearby.

Thomson Park—Large Shelter—\$49

This shelter is a beautiful wood structure, secluded among trees and accessible by boardwalk. It can accommodate 50–75 people and comes equipped with adult and children's picnic tables, group grills, electrical outlets and lights, and is wheelchair accessible. Restrooms are located nearby.

Twin Lakes Lodge—\$85 (Mon.-Thur., + \$100 deposit); \$145 (Fri.—Sun., and holidays + \$145 deposit) Located at 2350 W. Bloomfield Rd. with room for approximately 125

people. This enclosed shelter is wheelchair accessible (except kitchen) and overlooks Twin Lakes Sports Park. It comes equipped with an outdoor deck, full-size refrigerator, microwave, banquet-sized coffee pot and sink, restrooms, tables and chairs.

Upper Cascades Park—Lions Den—\$54This accessible shelter can accommodate 100–120 people. An accessible playground is nearby, with adult and children's picnic tables, electrical outlets and a grill located at the shelter. Restrooms are available in the Cascades Golf Course Clubhouse during business hours, with Port-a-Johns located at the shelter site.

Winslow Woods Park Playground Shelter—\$49

Located off S. Highland Ave., this accessible shelter houses approximately 120 people and comes equipped with grills and an accessible playground, but no electricity.

City of Bloomington Allison-**Jukebox Community Center**

351 S. Washington St. Phone: (812) 349-3731

Fax: (812) 349-3785

Hours: Call 349-3731 for facility hours and times for scheduled classes/events.

Closings: Labor Day (September 7), Columbus Day (October 12), Veterans Day (November 11), Thanksgiving (November 26–27), Christmas Day (December 25)

Program/Facility Coordinator: Tim Pritchett Inclusive Recreation Coordinator: Amy Shrake

Bus Line: #1

Facility information: Two large activity rooms, restrooms and a full kitchen are available for rental. Call 349-3728 for reservation and availability.

Accessibility: Designated parking space and accessible entrance in rear/southeast side of building, accessible restrooms.

Rentals at Allison-Jukebox

ı	Room	Nonprofit	Private
ı	Activity rooms (two available)	\$20/hour/room	\$35/hour/room
ı	Restrooms only (with Third Street Park)	\$20/hour	\$35/hour
ı	Kitchen	\$15 flat fee	\$20 flat fee

Kid City Fall/Winter Break Days

Summer camp may have ended but the fun continues at Kid City Break Days. Exploring Bloomington, play games, sing, and enjoy all the fun camp stuff that you already miss.

Code	Day(s)	Date(s)	Time	Register by
34501-A	Tue.	11/3	7:30 a.m6 p.m.	10/29
34501-B	Mon.	12/21	7:30 a.m6 p.m.	12/16
34501-C	Tue.	12/22	7:30 a.m6 p.m.	12/16
34501-D	Wed.	12/23	7:30 a.m6 p.m.	12/16
34501-E	Mon.	12/28	7:30 a.m6 p.m.	12/23
34501-F	Tue.	12/29	7:30 a.m6 p.m.	12/23
34501-G	Wed.	12/30	7:30 a.m6 p.m.	12/23
34501-Н	Thur.	12/31	7:30 a.m6 p.m.	12/23

\$30/in-city, \$35/non-city Cost:

Ages: Grades K-6

Location: Twin Lakes Recreation Center



The Allison-Jukebox Community Center Photo by Tim Pritchett.

City of Bloomington Banneker Community Center

930 W. Seventh St. Phone: (812) 349-3735

Fax: (812) 349-3705

Hours: Office Hours: Monday–Friday, 9 a.m.–5 p.m. Drop-In Hours: Monday–Friday, 5–9 p.m.

Closings: Labor Day (September 7), Columbus Day (October 12), Veterans Day (November 11), Thanksgiving (November 26–27),

Christmas Day (December 25)

Program/Facility Coordinator: Leslie Brinson

Program Specialist: Karen Serfling **Bus Line:** #3 drops at Fifth and Elm Streets

Facility information: Gymnasium, recreation room, restrooms, full kitchen, library, Family Resource Center (third floor) **Rentals:** Three meeting rooms, a gymnasium, full kitchen, and building are available for rental. *Call 349-3735 for reservation and cost information.*

Accessibility: Designated parking space on west side of building, ramp and elevator on ground floor, gym entrance is accessible.

Birthday parties: See page 9.



See page 29 for more information.

Evans-Porter Memorial Library

Hours: Monday–Friday, 9 a.m.–9 p.m. The Banneker Community Center is proud to host the Evans-Porter Memorial Library in partnership with the Monroe County Public Library. Come browse the book selections, magazines and resource materials located in the Library. Check-out procedures are easy and convenient.

MONROE COUNTY PUBLIC L. BRARY

Banneker Advisory Council Meetings

Share your ideas for programs, activities and special events at the Banneker Community Center. An opportunity for public comment is offered at each meeting. Meetings are held in the Evans-Porter Memorial Library. If interested in joining the Banneker Community Center Advisory Council please contact Leslie Brinson at 349-3734 for an application.

Monday, August 31 ♦ 4–5 p.m. Monday, October 26 ♦ 4–5 p.m.

Banneker Green Thumbs Garden

The Banneker Green Thumbs Garden, located at the City of Bloomington Banneker Community Center on West Seventh Street, enables youth enrolled in the Banneker Center's afterschool and summer programs to learn the art of organic gardening. Mother Hubbard's Cupboard, a local food pantry, partners with the Community Garden Program to help educate the youth of our community while producing food to be distributed to community members in need through the Plant a Row for the Hungry campaign. For information on how to participate call 349-3704 or e-mail drakeb@bloomington.in.gov.

Frank Southern Ice Arena



1965 S. Henderson St. Phone: (812) 349-3740

Fax: (812) 349-3775

Rink Season: October 1 through February 28, 7 a.m.–11 p.m.

Adult Sports/Facility Manager: Mark Sterner

Sports Coordinator: Chris Truelock **Sports Coordinator:** Dee Tuttle

Facility information: Ice pad, party room, locker rooms, restrooms, concessions, lobby, skate rental, skate sharpening

Accessibility: Accessible lobby area and restrooms

Group/Arena Rentals

See page 9.

Public Skating Hours

See page 13.

Ice Skating Lessons

See page 14.

Youth & Teen Hockey

See page 30.

Adult Hockey

See page 36.

Special Events

See page 13.

Holiday Public Skating Schedule

See page 13 for the Public Skating Schedule during the Christmas and New Year's holidays.



Community Gardens

For more information call 349-3700.

The Community Garden Program offers a variety of gardening opportunities. Look for information in our Winter-Spring 2010 program guide.



Twin Lakes Recreation Center

(Formerly Bloomington SportsPlex) 1700 W. Bloomfield Rd.



www.bloomington.in.gov/TLRC

Phone: (812) 349-3720

Fax: (812) 349-3707

Hours: Monday–Friday, 5 a.m.–10 p.m.
Saturday–Sunday, 7 a.m.–10 p.m.

Labor Day (September 7): 10 a.m.–4 p.m.

Columbus Day (October 12): 5 a.m.–10 p.m.

Veterans Day (November 11): 5 a.m.–10 p.m.

Thanksgiving Day (November 26): Closed

Day After Thanksgiving (November 27): 10 a.m.–4 p.m.

Christmas Eve (December 24): 10 a.m.–4 p.m.

Christmas Day (December 25): Cosed

Facility Manager: Mark Sterner

Program/Facility Coordinator: Daren Eads **Aquatics/Sports Coordinator:** Rob Gilchrist **Health/Wellness Coordinator:** Lindsay Buuck

Daily admission

Daily admission for individual non-members: **\$6** Daily admission for youth ages 7–17 yrs.: **\$5** Youth ages 6 yrs. and under admitted free.

Facility rental (per hour)

Program Room	\$30
Conference Room	\$40
Fitness Room	\$50
Birthday Party Room	\$50
Whole Lower Level	\$120
Rental of entire facility	Call for prices and information.
Basketball competitions per court	\$32/hour Call for information.
Basketball practice/court	\$22/hour
Basketball practice/half court	\$15/hour
Turf field	\$70/hour
Turf field non-prime 5 a.m4 p.m.	\$40/hour

Personal Training (must be a member)

i croonat rranning (i	nust be a member)			
Single—One-on-one personal one-hour session training				
3 sessions	\$125			
5 sessions	\$200			
10 sessions	\$375			
15 sessions	\$490			
20 sessions	\$600			
25 sessions	\$725			
Buddy —You and a friend in one-hour sessions				
5 sessions	\$300			
Group (3– 5 people)—Get a group of 3–5 people together for interactive personal one-hour session training.				
5 sessions	\$475			

Memberships

	\$22 automatic monthly debit	
Student*	\$25 monthly	
Student"	\$125 six months	
	\$225 annually	
	\$32 automatic monthly debit	
	\$35 monthly	
Adult	\$175 six months	
	\$325 annually	
	\$47 automatic monthly debit	
T A -11+**	\$50 monthly	
Two Adult**	\$250 six months	
	\$475 annually	
	\$55 automatic monthly debit	
F:L-**	\$60 monthly	
Family**	\$300 six months	
	\$575 annually	
Capital fee	\$20/person on all memberships	

^{*}Under 18 yrs. or with valid college or university ID

Health and Wellness

ricattii ana wettiicss				
Fitness Assessments —by appointment Must be a member. Resting heart rate and block screenings are FREE for members.				
Body composition	\$10			
Muscular Endurance	\$5			
Cardiovascular Endurance	\$10			
Flexibility	\$5			
Full Assessment	\$40			
Massage—by appointment Wednesdays 4–9 p.m., Fridays 5–11 a.m., and Saturdays 7–11 a.m.				
30-minute massage	\$30			
60-minute massage	\$60			
Silver Sneakers ®—Court 3 Inquire at the front desk for a list of participati insurance carriers.	ng			
Muscular Strength & Range of Movement	Mon./Wed. 9:30 a.m.			
Museular strength a hange of movement	Tue./Thur. 10:30 a.m.			
YogaStretch	Mon./Wed. 10:30 a.m.			
Cardio Circuit	Tue./Thur. 9:30 a.m.			
*To set up an initial consultation or for more informati	on about personal			

^{*}To set up an initial consultation or for more information about personal training, please contact the Health/Wellness Coordinator at 349-3771 or buuckl@bloomington.in.gov.

See pages 34-37 for more adult fitness classes.

Watch for a complete guide to other programs, sports leagues, and events at the Twin Lakes Recreation Center in late August.

^{**}Must reside in the same household.

^{*}All sessions must be used within six months of purchase.

^{*}Nontransferable and nonrefundable.



Birthday Parties at Twin Lakes Recreation Center

Rental includes: tables, chairs and use of one basketball court or turf for one hour. Decorating, set-up and cleanup must be done during the rental time, or additional time can be added.

Plan on eating during your party? Bring in your own food or purchase fountain drinks, hot dogs, chicken tenders, and pizza at our concession services.

For more information, contact the Twin Lakes Recreation Center at 349-3720.

Cool Parties, Inc. and Group/Arena Rentals at Frank Southern Ice Arena

Rinkside Party Room: Rent the rinkside party room for your next birthday, holiday, company party or just for a group of friends. This climate-controlled room with a panoramic view of the rink offers a great place for up to 20 guests. The room rents for just \$40 per public session. Group rates (10 or more people) are \$4.50/person (includes skate rental) or \$3.50 per person (bring your own skates).

Chillin' Party package: Cost \$40. Includes use of party room

during public session and cleanup.

Cool Party package: Cost: \$90. Includes use of party room during public session, 10 admissions with skate rental, and cleanup. Additional

admissions \$4.50/person.

Way Cool Party package: Cost: \$225. Includes use of party room

during public session, 10 admissions with skate rental, 24 slices of pizza, tablecloths and tableware, lemonade, a private skating instructor and cleanup after your event. Additional admissions

\$7/person.

Arena Rental: The Arena may be rented for exclusive use during unscheduled times. Rental includes the use of the lobby, sound system, ice pad, and locker rooms. There is an additional fee for skate rental. Reservations must be made at least 10 days prior to the requested date. A non-refundable deposit of 10 percent is required. All participants at private hockey functions must wear protective gear. *Call the Arena to reserve your date*.

2009–10 Ice Arena Rental Rates: *Prime Times:* \$160 per hour (weekdays 4–11 p.m. or weekends 8 a.m.–11 p.m.), *Slow Times:* \$140 per hour (morning or late night)

Call the Arena at 349-3740 to reserve your date.

Shelter Rentals

See page 6.



We Have Your Party Essentials

Planning a birthday party, volleyball tournament or cozy picnic for the family? Rent your recreational gear from us!

Picnic/Birthday Kit: Call 349-3700 to see what is available.

Volleyball Standard: Volleyball, net, poles, stakes and carry bag (\$16)

Preschool Tunnel: Collapsible indoor/outdoor tunnel (\$15)

A \$50 refundable deposit is required for all kits. Call 349-3700 to reserve your fun kits!

save the date!

Twin Lakes Recreation Center open house Saturday, August 29. For more information, visit our Web site.

B-Line Trail

Opened June 2009, the first phase of the 3.1-mile B-Line Trail runs from Rogers Street to Second Street. Construction on the second phase, from Second Street to Grimes Lane **and** from Rogers Street to Adams Street, is anticipated to begin in spring 2010. "Bloomington Banquet," a limestone sculpture designed by local artist Dale Enochs and selected as the B-Line Trail's signature art piece, will be located in the Farmers' Market Plaza behind City Hall and will be in installed in August 2009.



B-Line Trail

Bloomington Rail Trail

The Bloomington Rail Trail has a trailhead located at W. Country Club Dr., between S. Rogers St. and S. Old SR 37. This trail connects to the Clear Creek Trail, offering a total of 4.3 miles of trail.

PARKING: Available at trailhead in lot at Country Club Dr.

TRAIL: 2.0 miles, gravel **ACCESSIBILITY:** Inaccessible

Broadview Park

Broadview Park is located at 704 West Graham Dr. Parks and Recreation in partnership with the Monroe County Community School Corporation built a new park and playground at the site of the former Broadview School in 2007.

AMENITIES: One small, unreservable shelter, youth and tot play equipment, basketball court, picnic tables and benches

PARKING: Available at park

ACCESSIBILITY: Playground and picnic shelter are accessible.

Designated parking space.

Bryan Park

Bryan Park is located at 1001 S. Henderson St.

AMENITIES: Three baseball/softball fields (unlighted), four basketball goals (lighted), three playgrounds, three reservable shelters (see page 6 for details), two volleyball courts (grass/sand), five tennis courts, three horseshoe pits, a fitness area by the North Shelter, restrooms, picnic tables and an Olympic-sized, outdoor swimming pool/water slides **PARKING:** Available on Woodlawn Ave., Henderson St. and

Bryan Park Pool parking lot **TRAIL:** .8 miles (loop), paved

ACCESSIBILITY: Designated parking space, restroom, juvenile playground, basketball courts, creekside walking trail, Woodlawn Shelter and playground are accessible.

Building and Trades Park

Building and Trades Park is located at 619 W. Howe St.

AMENITIES: Five basketball goals, two playground areas on north side of park, one reservable shelter (see page 6 for details), one play field, restrooms located near W. Howe St. and a picnic table by the parking lot

PARKING: Off W. Howe St. **TRAIL**: .25 miles, paved

ACCESSIBILITY: Designated parking space in W. Howe St. lot, shelter and playground are accessible.

Rev. Ernest D. Butler Park

Located at 812 W. Ninth St.

AMENITIES: Two basketball goals, one ballfield, a drinking fountain,

two small, unreservable shelters and a playground

PARKING: Two small parking lots

TRAIL: .7 miles, paved

ACCESSIBILITY: Playground is accessible.

Cascades Park and Skate Park

Lower Cascades Park is located at 2851 N. Old State Rd. 37.

Dedicated in August 1924, Lower Cascades Park was the City of Bloomington's first park. The City's largest playground was constructed at the Park in 2006. In September 2008, the City purchased an additional 6.15 acres of greenspace to add to Lower Cascades Park.

AMENITIES: Two baseball/softball fields, one playground, two reservable shelters (see page 6 for details), one sand volleyball court, restrooms and limestone picnic tables

PARKING: Available at shelters and ballfields **ACCESSIBILITY:** Playground is accessible.

Upper Cascades Park is located at 3550 N. Kinser Pk. and is home to the Cascades Golf Course. The Skate Park at 2602 N. Kinser Pk. features concrete ramps, rails and other terrain for use by skateboarders and in-line skaters.

AMENITIES: Playground, 27-hole golf course (see page 29 for costs, tee times, clubhouse rental), restrooms, Skate Park, benches and one large, reservable shelter (Lions Den, see page 6 for details)

PARKING: Available at Cascades Clubhouse, shelter and Skate Park **ACCESSIBILITY:** Designated parking spaces at clubhouse, playground and shelter are accessible.

Clear Creek Trail

The Clear Creek Trail has trailheads located at Tapp Rd., That Rd. and Church Ln. The southernmost part of the trail features the historic Harris Ford Bridge from Warren County.

PARKING: Lots located at Church Ln., That Rd. and Tapp Rd. trailheads

TRAIL: 2.4 miles, paved

ACCESSIBILITY: Trail and parking lots are accessible.

Crestmont Park & Community Gardens

Crestmont Park is located at 600 W. 16th St.

AMENITIES: Four basketball goals, 18-hole frisbee golf course (www.bdgc.org), one playground, a drinking fountain, one small, unreservable shelter and community gardens. See page 7 for details.

PARKING: Located off W. 16th St.

ACCESSIBILITY: Parking available, community gardens and playground are accessible.

Goat Farm

Located at 2000 E. Winslow Rd.

The Bloomington Community Park and Recreation Foundation, on behalf of the City of Bloomington, accepted a donation of 31.5 acres of land known as the "Goat Farm" from the Sherman Rogers family in June 2007. The City's Parks and Recreation Department will manage the area for public recreational purposes and passive greenspace.







Griffy Lake Nature Preserve

Scenic woodlands teeming with wild flora and fauna surround Griffy Lake at this 1,192-acre nature preserve. Swimming is prohibited, and to protect wildlife and visitors, all dogs must remain leashed while in the Preserve. Rowboat, kayak and canoe rentals are available at the Griffy Lake boathouse. Griffy Lake Nature Preserve is located at 3300 N. Headley Rd. Call 349-3700 for more information.

Griffy Lake Rental Fees

Boat, Canoe and Kayak Rental (2 hr. limit on holidays/weekends) \$6/hour Misc. Rental (paddle, anchor, nature guide, etc.) \$1 \$50 10-Rental pass

Available for purchase at the boathouse during normal business hours.

Groups wishing to make boat rental reservations Monday–Friday may do so by calling 349-3759. We do not reserve boats on weekends or holidays.

Launch fees: \$50/season (April 1–March 31), \$5/day

Boathouse Hours: April and October Saturday and Sunday only,

9 a.m.–6 p.m.

May-August, Daily, 8 a.m.-8 p.m. **September,** Daily, 9 a.m.–6 p.m.

Boathouse Phone: 349-3732

Self-Guided Canoe Trail Learn about the cultural and natural history of the Nature Preserve while traveling by canoe. Free, updated canoe trail guides are available at the Griffy Lake boathouse.

Griffy Lake Trails Trail guides are available at the Bloomington Parks and Recreation office and the Griffy Lake boathouse. Please respect this fragile environment by remaining on the marked trails.

Dogs must remain on leash at all times. Mountain biking, horseback riding and off-road vehicles are strictly prohibited.

AMENITIES: Boat, canoe and kayak rentals, 109-acre lake, one play field (off of N. Dunn St.), restrooms (next to boathouse, open during boathouse hours) and picnic tables (by the boathouse)

PARKING: Available by the boathouse (3300 N. Headley), additional spaces available on N. Dunn St.

TRAILS: 10+ miles total, wood chip and natural; Wetlands Trail .3 miles, Nature Trail .4 miles (loop), Griffy Creek Trail 1.5 miles, Hiking Trail 1.6 miles (loop); Self-guided canoe trail (see above for details)

ACCESSIBILITY: Inaccessible

The surface of the lake often freezes in winter with varying ice conditions that can be hazardous. The City of Bloomington assumes no responsibility for accidents resulting from individuals venturing onto the ice.

Highland Village Park

Located at 950 S. Harvey Dr.

AMENITIES: Two basketball goals, one play field, a drinking fountain, one small, unreservable shelter, a playground and .33-mile walking trail **PARKING:** Limited space available

ACCESSIBILITY: Playground/swings and trail are accessible.

Jackson Creek Trail

Construction scheduled for 2010.

Latimer Woods

Located on the east side of Bloomington at 3200 E. Buick Cadillac Blvd. A .4-mile interpretive trail describing the area and its history is located on the 10-acre property. The trail can be accessed down the dirt road toward the woods.

AMENITIES: .4 mile loop, woodchip

PARKING: Southwest corner of The Woods at Latimer apartments

ACCESSIBILITY: Inaccessible

Leonard Springs Nature Park

Located on the southwest side of Bloomington, west of State Road 37 at 4685 S. Leonard Springs Rd. Leonard Springs contains both Leonard Springs and Shirley Springs in addition to caves, steep, forested slopes and a wetland.

PARKING: Available at lot on Leonard Springs Rd.

TRAIL: 1 mile, wood chip and natural **ACCESSIBILITY:** Inaccessible

Miller-Showers Park

Miller-Showers Park is located at 1500 N. College Ave. and is accessible from 17th St. on the south. Miller-Showers Park greets residents and visitors with the "Red, Blond, Black and Olive" sculpture, observation pier, walking bridge, .59-mile, accessible trail and native landscaping.

AMENITIES: Park benches, drinking fountain and .59-mile trail (loop) **PARKING:** Located off W. 17th St., additional parking available on

N. Walnut St. and S. College Ave. adjacent to the park

ACCESSIBILITY: Designated parking available in W. 17th St. lot, trail is accessible.

Olcott Park

Located at 2300 E. Canada Dr.

AMENITIES: Multipurpose play fields (lighted-reservable), one reservable shelter (Young Pavilion, see page 6 for details), restrooms and playground

PARKING: Large parking lot TRAIL: .5 miles (loop), paved

ACCESSIBILITY: Designated parking space in lot, playground and

shelter are accessible.

Park Ridge Park

Located at 3421 E. Longview Ave.

AMENITIES: Two basketball goals, one playground, one small, unreservable shelter with grill and bike path to the bypass nearby

PARKING: None

ACCESSIBILITY: Playground and shelter are accessible.

Park Ridge East Park

Located at 4221 E. Morningside Dr.

AMENITIES: One full basketball court (unlighted), one small, unreservable shelter with grill and two tennis courts. New playground equipment was installed in 2008.

PARKING: None

ACCESSIBILITY: Shelter is accessible.

Peoples Park

Located in the heart of the city and bordering the Indiana University campus at 501 E. Kirkwood Ave.

AMENITIES: Benches, checker tables, murals, stone sculpture and mosaic tiles; Tuesday Lunch concerts at Noon, May through September.

PARKING: Available on Kirkwood Ave. and surrounding streets

ACCESSIBILITY: Accessible

Rose Hill Cemetery

Located at 1100 W. Fourth St. Features graves of both local and nationally known Bloomington residents.

OFFICE: 930 W. Fourth St. Contact: Barb Dunbar at 349-3498

AMENITIES: Paved service drives, dog stations

PARKING: Parking available on Fourth St. and along service drives

ACCESSIBILITY: Inaccessible



Schmalz Farm Park

Located at 3010 E. Daniel St.

AMENITIES: Schmalz barn, one playground, benches, one small

unreservable shelter and picnic tables **PARKING:** Limited space available

ACCESSIBILITY: Playground and shelter are accessible.

Sherwood Oaks Park

Located at 1600 E. Elliston Dr.

AMENITIES: Two basketball goals, open play fields, two tennis courts, a drinking fountain, one small, unreservable shelter, a small, running stream and a trail bridge over Jackson Creek leads to Olcott Park and Jackson Creek Middle School. New playground equipment was installed in 2009

PARKING: Parking lot with limited space **ACCESSIBILITY:** Tennis courts are accessible.



The Jackson Creek Trail joins Sherwood Oaks Park and Olcott Park.

Southeast Park

Located on a cul-de-sac, Southeast Park is located in the Sycamore Knolls neighborhood, just south of Moores Pike at 1600 Sycamore Ct. **AMENITIES:** Four basketball goals, one playground, one small, unreservable shelter with picnic table and two grills, tennis courts, a drinking fountain and a gravel walking path in the south end of the park

PARKING: Small parking area at end of cul-de-sac **ACCESSIBILITY:** Playground and shelter are accessible.

Third Street Park

Located at 331 S. Washington St. **AMENITIES:** One playground, stage

PARKING: Parking available behind the stage, limited parking

available along S. Lincoln St. and S. Washington St.

ACCESSIBILITY: Designated parking space available behind the stage; sidewalk through the park is accessible.

Thomson Park

Located at 1400 W. Thomson Park Dr.

AMENITIES: Two full basketball courts (lighted), two baseball/softball fields, restrooms near playground, four tennis courts, one large play field, one large playground with sand surface and two reservable shelters (one large, one small; see page 6 for details)

PARKING: Parking available in Thomson Park Dr. lot

TRAILS: .7 miles, paved interpretive trail, and .74 miles, wooded trail **ACCESSIBILITY:** Interpretive walking trail is accessible. Shelter and parking are accessible.

Twin Lakes Sports Park

Located at 2350 W. Bloomfield Rd. (Second Street)

AMENITIES: Four softball fields (lighted), one playground, picnic tables, concession stand (when games are in play), one reservable, closed shelter (Twin Lakes Lodge, see page 6 for details) and restrooms (during league play)

PARKING: Parking for over 300 vehicles **TRAILS:** .7 miles, wood chip and natural trail

ACCESSIBILITY: Playground is accessible, designated parking space, ballfields are accessible, Twin Lakes Lodge (except kitchen) is accessible.

Wapehani Mountain Bike Park

Hit the trail with your mountain bike at this 46-acre park, located at 3401 W. Wapehani Rd. Wapehani Mountain Bike Park was the first mountain bike park established in the State of Indiana. Helmets and a signed waiver statement are required for bicyclists. Waivers are available at the Parks and Recreation office.

Please don't ride the trails when they're muddy!

TRAIL: 5.0 miles, dirt

PARKING: Gravel lot on Wapehani Rd., limited spaces

ACCESSIBILITY: Inaccessible

White Oak Cemetery

Located at 1200 W. Seventh St. Originally the United Presbyterian Cemetery, this cemetery was purchased by the City of Bloomington in 1914 and renamed White Oak in 1983. Plots are still available for purchase.

OFFICE: 930 W. Fourth St. Contact: Barb Dunbar at 349-3498

AMENITIES: Greenspace

PARKING: Parking available on street and on service drive

ACCESSIBILITY: Inaccessible

Winslow Sports Complex

Located at 2800 S. Highland Ave., just south of the YMCA **AMENITIES:** Six baseball/softball fields, multiple tennis courts,

one playground, one play field and restrooms

PARKING: Lot located off S. Highland, additional parking at

Winslow Woods Park **TRAILS:** .9 miles, natural

ACCESSIBILITY: Playground and parking are accessible.

Winslow Woods Park & Community Gardens

Located just north of Winslow Sports Complex at 2120 S. Highland Ave., Winslow Woods Park features the Willie Streeter Community Gardens. See page 7 for details.

AMENITIES: Two basketball goals (unlighted), one playground, one play field, restrooms (Port-A-John), one large, reservable shelter (see page 6 for details), picnic tables, a drinking fountain and community gardens

PARKING: Parking available at shelter

ACCESSIBILITY: Parking, playground, community gardens and shelter are accessible.

Event Consulting

If your organization is planning a large-scale event in one of our beautiful parks, consider asking for some event planning advice from our Community Events staff. Contact Becky Barrick at 349-3715 for more information.



Frank Southern Ice Arena

1965 S. Henderson St., 349-3740



Ice Information Hotline: 349-3741

Call the Ice Information Hotline for information about public skating times, holiday skating hours, open ice times, special events, and weather-related closings. Located behind Bloomington High School South, the Frank Southern Ice Arena features a rinkside party room available for rent, concessions and easy-access skate rental.

Rink Season

October 1-February 28

Public Skating Hours

Enjoy public skating daily at the Frank Southern Ice Arena.

Monday through Thursday: Noon–2:30 p.m.

Friday: Noon–2:30 p.m. and 7–9 p.m.

Saturday: 12:30–2 p.m.

7–9 p.m. (Lunar Skating) 9:15–11 p.m. (Night Owl)

Sunday: 3-5 p.m. General Admission: \$5 Skate Rental: \$2.50

Skate Sharpening: \$4 and \$5 (immediate service) Economy Pass: \$45 (10 sessions, excludes skate rental)



Thur. 11/26–Fri. 11/27: Closed

Mon. 12/21-Wed. 12/23: 1-7 p.m. Skate all day for one price.

Thur. 12/24-Fri. 12/25: Closed

Sat. 12/26-Wed. 12/30: 1-7 p.m. Skate all day for one price.

Thur. 12/31: Closed

Fri. 1/1-Sun. 1/3: 1-7 p.m. Skate all day for one price.

All sessions subject to change or cancellation.

Group/Arena Rentals

Choose Frank Southern Ice Arena for your event! See page 9 for group and arena rental information.

IU Figure Skating Club

The Indiana University Figure Skating Club is a competitive team consisting of student athletes from Indiana University. For more information, contact the ice arena at 349-3740.

IU Hockey

The Indiana University Hockey Team is a competitive club of IU student athlete hockey players who play against other colleges and universities across the country. Home games are played at the Frank Southern Ice Arena. Tickets are sold on game days only. For more information, visit the team's Web site at www.iuhockey.org.

Lunar Public Skating

Every Saturday from 7–9 p.m.! Ice skate in a specially lit, lunar-like arena while listening to the best hits of the '80s, '90s and today courtesy of the Arena's super-watt sound system. Groups of all sizes and skaters of all ability levels are welcome! Lunar skating involves the use of strobe and other special-effect lighting.

Cost: \$5 admission, \$2.50 skate rental

Night Owl Skating

Enjoy late-night skating at the Frank Southern Ice Arena every Saturday from 9:15–11 p.m.

Cost: \$5 admission, \$2.50 skate rental

Bloomington Figure Skating Club

The Bloomington Figure Skating Club is an organization where people of all ages can learn figure skating skills and practice those maneuvers in a safe environment, participate in the club show, test to various ISI levels and compete. For more information contact the Frank Southern Ice Arena at 349-3740.

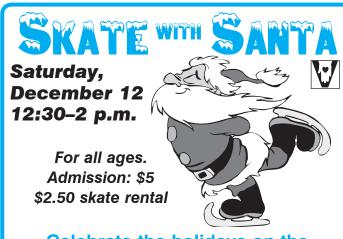
See page 14 for Ice Skating Lessons.

See page 30 for Youth & Teen Hockey programs.

See page 36 for Adult Hockey programs.

Special Events





Celebrate the holidays on the ice with Santa and his friends.

Photo ops are available along with free cookies.

Don't miss out on this family event!



Ice Skating Lessons



SESSION I (Runs six weeks)*

Thursdays: Oct. 22–Dec. 3
Fridays: Oct. 23–Dec. 4
Saturdays: Oct. 24–Dec. 5
Cost: \$40/in-city, \$50/non-city
Registration deadline: Mon., 10/12

The ICE SKATING INSTITUTE'S Learn-to-Skate Program is a

structured program designed to increase interest and participation in ice skating. Skills are broken down into progressive, achievable levels that encourage skater development. All classes are six weeks and run 30 minutes. Parents and non-participants are not permitted on the ice at any time during lessons. Refer to the descriptions below to determine appropriate level. Session II registration will not begin until Session I has been completed to ensure the participant is enrolled in the correct level.

Registration fee includes skate rental.

SESSION II (Runs six weeks) Registration begins Dec. 7

Thursdays: Jan. 14–Feb. 18
Fridays: Jan. 15–Feb. 19
Saturdays: Jan. 16–Feb. 20
Cost: \$40/in-city, \$50/non-city
Registration deadline: Mon., Jan. 11

Regis				
CLASS	Session	Day	Time	Code
PARENT/TO Specialized instruction for 3- to 5-year-olds who have no previous skating experience. Emphasis on fun! One parent or guardi is required to accompany each child.	I II II	Fri. Sat. Fri. Sat.	5–5:30 p.m. 10:30–11 a.m. 5–5:30 p.m. 10:30–11 a.m.	32501-1A 32501-1B 32501-2A 32501-2B
TOT Specialized instruction for 3- to 5-year-olds who have no previous skating experience. Children must be able to separate from paren and participate without one- on-one attention. Course Content: Proper wa to fall & get up; marching in standing position; marching while moving; swizzles; dip: hopping in place.	ts I II II IV II II	Thur. Thur. Thur. Fri. Sat. Sat. Thur. Thur. Thur. Fri. Fri. Sat. Sat.	5:30-6 p.m. 6:05-6:35 p.m. 6:40-7:10 p.m. 3:50-4:20 p.m. 4:25-4:55 p.m. 11:05-11:35 a.m. 11:40 a.m12:10 p.m. 5:30-6 p.m. 6:05-6:35 p.m. 6:40-7:10 p.m. 3:50-4:20 p.m. 4:25-4:55 p.m. 11:05-11:35 p.m.	32502-1A 32502-1B 32502-1C 32502-1D 32502-1E 32502-1F 32502-2A 32502-2A 32502-2A 32502-2D 32502-2D 32502-2D 32502-2F 32502-2F 32502-2G
PRE-ALPHA Introduces skaters 5 yrs. and up to the wonderful world of ice skating. Emphasizes fun and safety! Course Content: One and two foot glides; forward and backward swizzles; backward wiggles.	I I I I I I I I I I I I I I I I I I I	Thur. Thur. Thur. Fri. Fri. Sat. Sat. Sat. Thur. Thur. Thur. Thur. Thur. Sri. Sat. Sat. Sat. Sat. Sat. Sat. Sat.	5:30–6 p.m. 6:05–6:35 p.m. 6:40–7:10 p.m. 7:15–7:45 p.m. 3:50–4:20 p.m. 4:25–4:55 p.m. 5:00–5:30 p.m. 10:30–11 a.m. 11:05–11:35 a.m. 11:40 a.m.–12:10 p.m. 5:30–6 p.m. 6:05–6:35 p.m. 6:40–7:10 p.m. 7:15–7:45 p.m. 3:50–4:20 p.m. 4:25–4:55 p.m. 5:00–5:30 p.m. 10:30–11 a.m. 11:05–11:35 a.m. 11:40 a.m.–12:10 p.m.	32503-1A 32503-1B 32503-1C 32503-1B 32503-1B 32503-1B 32503-1H 32503-1I 32503-2A 32503-2B 32503-2B 32503-2C 32503-2B 32503-2B 32503-2B 32503-2B 32503-2B 32503-2B 32503-2B

^{*}Classes do not meet 11/26-28.



CLASS	Session	Day	Time	Code
	fully graduated	maneuvers, e	ELTA ensuring rapid progress over sall important foundation move	
ALPHA Recommended for the skater that has successfully completed the Pre-Alpha program. Course Content: Forward stroking; forward crossovers—both directions; one foot snowplow stop.		Thur. Thur. Thur. Thur. Fri. Fri. Sat. Sat. Thur. Thur. Thur. Thur. Thur. Fri. Fri. Sat. Sat. Sat.	5:30–6 p.m. 6:05–6:35 p.m. 6:40–7:10 p.m. 7:15–7:45 p.m. 3:50–4:20 p.m. 4:25–4:55 p.m. 5–5:30 p.m. 10:30–11 a.m. 11:05–11:35 a.m. 6:05–6:35 p.m. 6:40–7:10 p.m. 7:15–7:45 p.m. 3:50–4:20 p.m. 4:25–4:55 p.m. 5–5:30 p.m. 10:30–11 a.m.	32504-1A 32504-1B 32504-1B 32504-1D 32504-1B 32504-1G 32504-1G 32504-1H 32504-2A 32504-2B 32504-2C 32504-2C 32504-2C 32504-2C 32504-2C 32504-2C 32504-2C 32504-2C 32504-2C
BETA Recommended for the skater that has successfully completed the Alpha program. Course Content: Backward stroking; crossovers—both directions; T-stop—both feet.	I I I I II II II	Thur. Thur. Fri. Sat. Sat. Thur. Thur. Fri. Sat. Sat. Sat.	5:30–6 p.m. 6:05–6:35 p.m. 4:25–4:55 p.m. 10:30–11 a.m. 11:05–11:35 a.m. 5:30–6 p.m. 6:05–6:35 p.m. 4:25–4:55 p.m. 10:30–11 a.m. 11:05–11:35 a.m.	32505-1A 32505-1B 32505-1C 32505-1D 32505-1E 32505-2A 32505-2B 32505-2C 32505-2D 32505-2E
GAMMA Recommended for the skater that has successfully completed the Beta program Course Content: Forward outside three turns—both fee right and left forward inside Mohawk combination; hockey stop.	II	Thur. Thur. Fri. Fri. Sat. Thur. Thur. Fri. Fri. Sat.	6:05–6:35 p.m. 7:15–7:45 p.m. 4:25–4:55 p.m. 5–5:30 p.m. 10:30–11 a.m. 6:05–6:35 p.m. 7:15–7:45 p.m. 4:25–4:55 p.m. 5–5:30 p.m. 10:30–11 a.m.	32506-1A 32506-1B 32506-1C 32506-1D 32506-1E 32506-2A 32506-2B 32506-2C 32506-2D 32506-2E
DELTA Recommended for the skater that has successfully complete the Gamma program. Course Content: Forward inside three turns—both feet; forward edges—inside and outside; shoot the duck or lunge; bunny-hop.	II II	Thur. Thur. Fri. Sat. Thur. Thur. Fri. Sat.	5:30-6 p.m. 6:40-7:10 p.m. 5-5:30 p.m. 11:05-11:35 a.m. 5:30-6 p.m. 6:40-7:10 p.m. 5-5:30 p.m. 11:05-11:35 a.m.	32507-1A 32507-1B 32507-1C 32507-1D 32507-2A 32507-2B 32507-2C 32507-2D
	more advance	d figure ska	6:40–7:10 p.m. 3:50–4:20 p.m. 6:40–7:10 p.m. 3:50–4:20 p.m. mpleted the Delta program ting maneuvers. Students mi	
ADULT BEGINNER (16 yrs. and up) Recommended for the begin	I I II	Thur. Sat. Thur. Sat.	7:15–7:45 p.m. 11:40 a.m.–12:10 p.m. 7:15–7:45 p.m. 11:40 a.m.– 12:10 p.m. no skating experience.	32509-1A 32509-1B 32509-2A 32509-2B
ADULT INTERMEDIAT (16 yrs. and up)	E II	Thur. Sat. Thur. Sat.	7:15-7:45 p.m. 11:40 a.m12:10 p.m. 7:15-7:45 p.m. 11:40 a.m12:10 p.m. ice and have previous skatin	32510-1A 32510-1B 32510-2A 32510-2B g experience.

Skills in the Alpha through Beta levels may be explored.



Inclusive Recreation Services

The Parks and Recreation Department is committed to an inclusive approach to recreation. Inclusion is individuals with and without disabilities participating in recreational activities together. In order for individuals with disabilities to participate as fully as possible, reasonable accommodations are provided. Reasonable accommodations are individualized techniques and resources used to enhance program participation without fundamentally altering a program. Inclusion makes it possible for individuals to choose from the vast array of programs offered by Parks and Recreation.

How to request reasonable accommodation:

- 1. When you register, mark "yes" in the inclusive service request section. At least two weeks notification prior to the registration deadline for each program is required. In some cases reasonable accommodation may take longer.
- 2. Request and complete an inclusion questionnaire.
- 3. Inclusive Recreation Coordinator will contact participant to establish an individualized inclusion plan.

Leisure Companion Program

The Leisure Companion Program is a service in which participants with disabilities are partnered with a volunteer companion who provides additional support during participation in inclusive activities. The level of support varies according to the specific needs of each individual. Leisure Companions are also needed to assist participants in Inclusive Recreation programs. Contact Kim Ecenbarger at ecenbark@bloomington.in.gov or 349-3739 for details. To be partnered with a Leisure Companion, register for activities of interest and request a reasonable accommodation.

Special Olympics Indiana— Monroe County







Special Olympics Indiana—Monroe County offers year-round sports training and athletic competition for children (8 yrs. and up) and adults with intellectual, cognitive and learning disabilities. Special Olympics provides opportunities for athletes to develop physical fitness, demonstrate courage, experience joy and share gifts, skills and friendship with others in our community. Special Olympics Indiana—Monroe County is proud to work with nearly 200 Special Olympics athletes and their families. To find out if you or a family member are eligible to participate, call 325-1548 or e-mail specialolympics@kiva.net or write to P.O. Box 2554, Bloomington, IN 47402.

Special Olympics Indiana–Monroe County is also on the Web at www.specialolympicsmonroecounty.org. If you are interested in joining the County Management Team, contact Denise Brown at 325-1548.

Specialized Music Program

Specialized music classes are taught by a board certified music therapist, who uses creative approaches to integrate children of all abilities while remaining sensitive to individual needs. Classes use music to target developmental skills such as vocalization, body awareness, socialization, and communication. Specialized music classes are designed for children with special needs; however, siblings and peers are also welcome to enroll! Parents are asked to fill out a questionnaire prior to the start of the program.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 38001-A
 Wed.
 9/2-9/30
 1:15-2 p.m.
 8/19

 38001-B
 Wed.
 10/7-11/4
 1:15-2 p.m.
 9/30

Cost: \$50/in-city, \$55/non-city (5 classes)

Ages: Under 5 yrs. w/parent.

Location: Allison-Jukebox Community Center Instructor: Jonni Fogerty, MM, MT-BC, Board Certified Music Therapist



Four-year-old Aiden appreciates the sound of a drum mallet during the Specialized Music Program.



Sunday, October 4 • 2 p.m.

Bryan Park, Woodlawn Shelter Register by 1 p.m. FREE • For all ages.

The Down Syndrome Family Connection presents the second annual Buddy Walk® to promote acceptance and inclusion of people with Down Syndrome and to raise funds locally and nationally for education, research and advocacy programs. The Down Syndrome Family Connection provides numerous services locally such as new parent resource packets and community education events.

For more information, contact the Down Syndrome Family Connection at (812) 720-9603 or buddywalk@downsyndromefamilyconnection.org.

For more information contact our Inclusive Recreation Coordinator, a Certified Therapeutic Recreation Specialist, at 349-3747.

All Parks and Recreation programs are inclusive for people with disabilities!

INCLUSIVE RECREATION ADVISORY COUNCIL:

Meetings are scheduled on Wednesday, October 7 and Monday, December 9 from 4–5 p.m. Location TBD. **The public is welcome and encouraged to attend.**



Saturdays

April-November
April-September, 8 a.m.-1 p.m.
October-November, 9 a.m.-1 p.m.

Tuesdays

June-September
4-7 p.m.

Next to Bloomingfoods Near West Side on Sixth and Madison Streets

The Saturday Market

From April through November farmers and vendors fill the Showers Common with locally grown produce, annual and perennial plants, and freshly baked bread for the Saturday morning Market. Local musicians perform while thousands of people find their way among the corn and tomatoes, local dairy products, and warm scents of fresh herbs. The Market often feels like equal parts shopping, socializing and treasure hunt. For up-to-date information on product availability and the weekly entertainment schedule, visit www. bloomington.in.gov/farmersmarket. Farmers' Market is smoke free. Dogs are NOT permitted at Market on the paved area of Showers Common (where the farm vendors are set up), but you can visit the adoptable pets from the City's Animal Shelter in front of City Hall.

The Tuesday Market

The Tuesday Market, located next to Bloomingfoods Near West Side on Sixth and Madison Streets, provides a convenient, mid-week Farmers' Market experience. During the height of the growing season (June–September from 4–7 p.m.) you can get fresh, locally grown produce directly from the person who grew it. What better way is there to enjoy a summer evening than in the social atmosphere of the Market with outdoor dining and live music?

The Market Accepts Food Stamp Benefits

You may use your Electronic Benefits Transfer (EBT) cards to exchange food stamp benefits for "Market Bucks". The Market Bucks are available in \$3 increments at the Parks table in City Hall during Saturday Market hours. Market Bucks can be used to purchase eligible food items from participating Market vendors.

Love Your Farmers' Market contest

Show your love for the Bloomington Community Farmers' Market by voting in the "Love Your Farmers' Market" contest organized by localharvest.org and care2.com. Help the Farmers' Market win up to \$5,000 and national recognition. Vote by visiting http://www.care2.com/farmersmarket. You can also get the vote out by encouraging your friends to vote via e-mail, Facebook, or Twitter.

Farmers' Market Advisory Council

The Farmers' Market Advisory Council consists of nine members representing Market customers and Market vendors. The Council acts in an advisory capacity to the Board of Park Commissioners and Park staff on policy matters relating to the Farmers' Market. Meetings are usually held at 5 p.m. the third Monday of each month in the Parks and Recreation Conference Room, City Hall, Suite 250 and are open to the public. For more information, contact Marcia Veldman at 349-3738 or veldmanm@bloomington.in.gov.

Farmers' Market gift certificates are available!

Saturday Market Parking

Free Market Parking:

- Located at City Hall in all Green, Red and IU "C" Permit spaces.
- On-street non-metered spaces (Parking is enforced on Saturdays.)

Pay Market Parking:

- On-street metered spaces (\$0.50/hour)
- Regester Parking Garage on 7th St., between College Ave. and Morton St. (\$0.50/hour)

Restrooms available inside City Hall.



Parks and Recreation hosts the displays and demonstrations of visual arts and fine crafts by local and regional artists the second Saturdays of the Market season, May through October. Browse for beautiful and well-crafted objects at A Fair of the Arts, a celebration of art and community. For more information about A Fair of the Arts, call 349-3725.



Available in a wealth of sizes, flavors and colors—yellow, orange, purple, green, zebra-striped—heirloom tomatoes are one of the glories of summer. Many varieties are available for tasting and sale at the Bloomington Community Farmers' Market.

Co-sponsored by Slow Food*

Who has the best salsa in Bloomington? It might be you! 🔘

Enter the 21st annual salsa showdown.

SALSA CONTEST

Saturday, August 29 ♦ 10 a.m. ♦ Showers Plaza

Registration packets are available at Bloomingfoods East (3220 E. Third St.) and Bloomingfoods Near West Side (316 W. Sixth St.) beginning August 1.

The entry fee of \$5 is payable when you pick up your packet. Limit one entry per category per person.

Entry packets include: • an entry form • a recipe card • two 16 oz. containers for salsa • a bag to place them in

Entry packets must be returned to Bloomingfoods East or Near West Side no later than 7 p.m. on August 28.

Regulations: No additives or preservatives allowed. Salsa must be made from scratch. Twenty entries in each of the three categories (tomato-based raw, tomato-based cooked, and specialty) accepted on a first-come, first-served basis. You or a representative must be present at the event by 11 a.m. to win. Judging for the Salsa Contest will take place at the Bloomington Community Farmers' Market at 10 a.m. on Saturday, August 29. Judges and their family members are prohibited from entering. First, second and third place prizes will be awarded in each category. Limit of one entry per category, per person.

For more information call Steve Stroup at (812) 339-4442, Ext. 102, or community@bloomingfoods.coop.

Even if you don't enter, plan on joining in the fun. There will be salsa tasting while supplies last. Gregg "Rags" Rago of Nick's English Hut will conduct a salsa-making demonstration at 10:15 a.m.

Salsa Dance Contest! Arthur Murray will host a salsa dance contest and demonstration

at 11 a.m. in conjunction with the Salsa Contest. The exciting music and rhythmical body movements make these dances irresistible. Participants can register in advance at Arthur Murray for \$4/couple or on site for \$5/couple. Look cool; dance HOT! For more information call (812) 334-0553. Co-sponsored by Arthur Murray Dance Studio.







Saturday, October 3 10 a.m.-12:30 p.m. • FREE Showers Plaza

Crisp, juicy, tangy, sweet! Bite into an apple and enjoy the flavors of fall at the Apple Tasting. Many varieties of apples are available for tasting and sale at the Bloomington Community Farmers' Market.

Co-sponsored by:





Bloomington's favorite

restaurants and eateries offer samples of soup made from

late fall products available at Market.

Co-sponsored by

Slow Food®

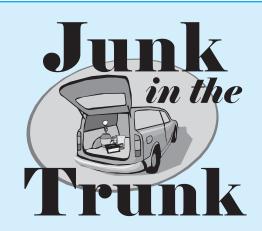


Do you enjoy the festive community atmosphere of the Farmers' Market? Searching for the perfect holiday gift? Love those TubaSantas? You won't want to miss the seventh annual Holiday Market. The Holiday Market features some of your favorite locally grown farm products, arts and crafts by area artisans and those unforgettable TubaSantas. For more information, visit www.bloomington.in.gov/parks or call 349-3700.

On Friday, November 27 from 4–7 p.m. visit the Holiday Market sneak preview.



City Hall is transformed into an art gallery with over 35 artists displaying and selling their wares in a relaxed, intimate atmosphere. Make an evening of it and stop by to do some early shopping before the Canopy of Lights ceremony on the Square. There is a \$2 admission fee, with children under age 12 yrs. admitted free.



Saturday, August 22 • 8–11 a.m. Bryan Park—Woodlawn Avenue parking lot • FREE

Recycle and reuse unwanted items and find everything you are looking for: toys, clothing and so much more. Some of last year's goodies included digital photo frames, children's clothes, and a variety of other goods. The second annual Junk in the Trunk community rummage sale offers Bloomington residents an opportunity to attend many rummage sales all in one convenient location.

Junk in the Trunk vendors:

Interested in participating in the Junk in the Trunk event as a vendor? Spaces are \$15 per vehicle. Vendors will be assigned one slot to park in and one to set up sales. Information packets can be picked up at the Parks and Recreation office. Register by 8/19. Call 349-3700 for more information.

Spend a Sunday getting closer to your food. The fall Homegrown Indiana Farm Tour takes you to two orchards and Amish country in Daviess County. Learn about raising tree fruit in southern Indiana, watch cows being milked, take a horse-drawn wagon ride, and enjoy life at a pace that is tuned to the seasons. Partake in a simple dinner of soup and bread at Graber's Produce prepared by Middle Way Food Works with locally raised produce.

- Check-in begins at 12:30 p.m.
- The bus departs Showers Common at 1:15 p.m.
- Dress comfortably. Other than the time on the bus, the tour is outside all day walking on uneven terrain.
- A hat, sunscreen, a snack, and water are recommended.
- The tour takes place rain or shine. The schedule may be altered in the event of severe weather.
- Bring your own soup bowl, spoon, and napkin.
- The bus returns at 7:30 p.m.



Showers Plaza, 401 N. Morton St.

Co-sponsored by:

Special thanks to:



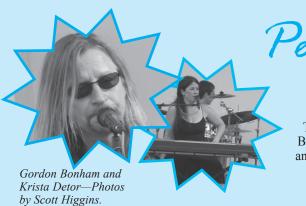








Detailed information is available on the Web site or by contacting Marcia Veldman at 349-3738 or veldmanm@bloomington.in.gov.



Performing Arts Series

The Performing Arts Series offers the Bloomington community numerous opportunities to experience the talent of its local artists. This year, enjoy performances in Bryan Park, Third Street Park, and Peoples Park. Bring a lawn chair, a blanket and a picnic basket and become immersed in the sights and sounds of the Performing Arts Series! Admission to *most* performances is FREE.

For up-to-the-minute information on weather-related cancellations. call the Parks and Recreation Community Events Hotline at 349-3754.

Third Street Park

Pack a picnic, stretch out under the stars and enjoy some of the area's most talented performers.

Monroe County Civic Theater Othello, the Moor of Venice September 11–12 and 18–19 ♦ 7 p.m. curtain

Bryan Park

Sundays • 6:30–8 p.m. • FREE

Bring a blanket or lawn chair, don't forget dinner, and be sure to unwind!

Date Performance group Style August 16 Kookamongas rock/blues/funk/country August 23 Krista Detor acoustic folk/Americana

Lisa Baker, DDS Wandering Turtle/ Bloomingfoods

Sponsor

Tried & True Closing Concert at the BCT

Sunday, August 30 ♦ 4–7:30 p.m. ♦ \$5 admission Buskirk-Chumley Theater, 114 E. Kirkwood Ave.

A celebration of another successful season takes place in a new location, the Buskirk-Chumley Theater, 114 E. Kirkwood Ave. This concert features three favorite Performing Arts Series bands and musicians.

Time

Performance group Gordon Bonham Duet The Dynamics Craig and the Crawdads

4-4:30 p.m. 4:45-5:45 p.m. 6-7:30 p.m.

Tuesday Lunch Concert Series 11:30 a.m.-1 p.m. • FREE

Stop by Peoples Park for a quick pick-me-up or a relaxing lunch break. Pack your lunch or visit one of downtown's restaurants for carryout and enjoy your Tuesday afternoon with some of Bloomington's finest musicians. This year's series will feature some of Bloomington's most cherished artists as well as welcome several new performers.

Aug. 11 Gordon Bonham and Jim Richter Duet (electric/acoustic blues)

Aug. 18 Cathi Norton (blues folk singer/songwriter)

Aug. 25 Coyaba (reggae)

Sept. 1 Mizfits (jazz and blues) Sept. 8 Splinter Group (electric jazz)

Sept. 15 Creek Dogs (lively tail-waggin' folk)

Sept. 22 O2R Blues Band (rhythm, boogie, blues)

Sept. 29 Kaia (world music)

Rain dates: October 6 and October 13

Evening with the Stars Movie Series

Every Friday night from August 14–Sept. 18 movies will be shown on the 16' × 9' big screen. Parks and Recreation and the Ryder Film Series are excited to offer these FREE movies. Parents, please be aware that some of the movies may have a rating of PG-13. We request your assistance in determining if they are appropriate for your family.

Fridays • All showtimes are at 9 p.m.

Date	Movie	Rating	Location			
August 14	A Prairie Home Companion	PG	City Hall			
	Sponsored by Bloomingfoods.					
August 21	Happy Feet	PG	Bryan Park Pool*			
Spo	nsored by Southern Indiana SCUBA.					
August 28	August Rush	PG	Rev. Butler Park			
	Sponsored by Avers Pizza.					
September 4	Bringing Up Baby	NR	Bryan Park			
Spor	nsored by St. John, May & Woolford.		•			
September 11	Sunset Boulevard	NR	Bryan Park			
•	Sponsored by The May Agency.		·			
September 18	The Dark Crystal	PG	Bryan Park			
S	ponsored by Bloomington Transit.		-			
All rain dates will be the Saturday following a rainout.						
*Admission is free. Bring a float.						

2010 Performing Arts Series

Call to Sponsors

Only through the generous patronage of local businesses and organizations is the Bloomington Parks and Recreation Department able to provide FREE concerts and movies to the community. Sponsorship of the Performing Arts Series supports local performers and the community and provides excellent business exposure and name recognition.

Become a part of the Performing Arts Series' more than 20-year history of providing free concerts, movies and theatrical performances for the people of Bloomington! Call 349-3725 to find out more about sponsoring a concert or movie at one of Bloomington's beautiful city parks next summer.

Call to Artists

The Performing Arts Series takes place at a variety of venues around Bloomington and showcases local musical and theatrical talent. If you or your group are interested in performing, applications are available at the Bloomington Parks and Recreation office. Completed applications must be received by Monday, December 7 at 5 p.m. to receive full consideration. Performers are selected based on type and quality of performance, availability, past performance record, cost and sponsor interest. For details call 349-3725.

> Informational meeting for all artists November 23, 5 p.m. in Council Chambers.





Remember when the weekend movie matinee was the highlight of your week? Your favorite candy, the best popcorn, and the special fantasy environment of a luxurious movie palace...it was the Golden Age of Hollywood, and the Indiana Theater was one of Bloomington's premiere destinations. Now the Buskirk-Chumley Theater, this historic downtown landmark presents a huge variety of live performance and film events, and there's no substitute for the classic film experience on the big screen!

SUNDAYS AT 3 PM \$2 GENERAL ADMISSION September 13 **THE FURIES** (1950) 105 min October 11 **HOLIDAY** (1938) 93 min November 8 **SWEET SMELI OF SUCCESS** (1957) 96 min December 13



Made possible through support from the Bloomington Community Arts Commission and the City of Bloomington

oin One Book, One Bloomington, and Beyond in selecting a book for the 2010 community read!

Voting takes place September 15-October 15, 2009. Nominated titles should meet these criteria:

Available in paperback

Appropriate for readers high school age or above

Content conducive to the discussion of significant social or cultural issues

Written by a living American author

Watch for the ballot boxes and for information about voting online. Announcement of the selection occurs in January 2010.

For more information contact H. Michael Simmons at 349-3737.

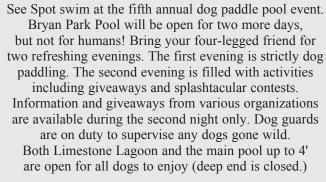
Prool in the Pool



Thur., September 10 Fri., September 11 5–8 p.m. • For all ages.

at Bryan Park Pool **\$5/dog**

(max. 1 dog per person)



All leashed, well-behaved dogs are welcome. Humans are not allowed to swim during Drool in the Pool. Help us keep the water clean. Prior to the event engage your dog in a high-energy activity to avoid feces in the water. Dogs are required to be at least six months of age. No retractable leads or dogs in heat, please.

We reserve the right to dismiss or refuse entry to any dog for unruly or aggressive behavior.

OWNERS MUST PROVIDE WRITTEN PROOF FROM A VETERINARIAN SHOWING THEIR DOG'S CURRENT RABIES VACCINATION TO ATTEND.

Indiana law requires that the rabies vaccination tag be worn at all times. All dogs will be checked on site by City of Bloomington Animal Control. Dogs without written current proof of rabies vaccination will not be allowed in the event. Just a tag is not sufficient!

To move faster through line, download and complete a registration form from our Web site prior to the event.

Event partner: White River Co-op



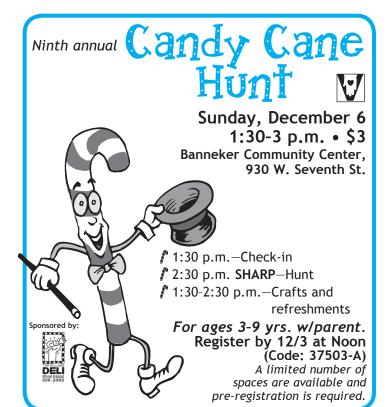
Celebrate winter and display your holiday spirit by decorating your business window. The theme is "A Downtown Holiday Story."

Tell us a story of holidays past, present, or future and make your window sparkle for the season. Draw ideas from a classic song such as "A Winter Wonderland" or popular movies including "It's a Wonderful Life", "A Christmas Story" or "Jack Frost."

Start with the old and include some new, watch how the holidays can transform your business to create a window with a view.

- *** FREE**
- * Celebrate any holiday within the season.
- * Application deadline November 23.
- People's Choice Award voting takes place November 27. Visit the Parks and Recreation stage during the Canopy of Lights for more information.
- Other awards includes: most creative, best use of theme, and best overall window.
- Judging takes place November 27-December 4.
- * Winners announced December 7.

For more information, call 349-3700.





Do you have undiscovered talent? Can you command a stage? Are you looking to take Bloomington by storm?

Now is your chance! Auditions for the first Bloomington Idol begin in January.

Audition rules, regulations, and applications will be available November 2.

For more information, contact

Sarah Nix at 349-3748.

Auditions: January 5–6
Final performance: January 15
Entry fee is \$20/person.
For ages 15 yrs. and up.

Look for additional information in the Winter-Spring 2010 program guide.





Take a Child Outside

Take A Child Outside Week is an international effort to help children
This week-long movement offers a variety of activities you
For more information about these programs and this effort,

WonderGarden Nature Packs

September 24-30 • FREE
WonderLab hours: Tue.-Sat., 9:30 a.m.-5 p.m.
Sun., 1-5 p.m., Closed Mondays • WonderLab,
308 W. Fourth St. • For all ages.

Get outside and explore the WonderGarden greenspace with your family or friends using a Nature Pack filled with activities, guides, and fun facts to discover the wonders of nature. The packs are available year round at Visitor Services, free to members or with paid museum admission, but during Take A Child Outside Week they will be available free of charge to anyone who wishes to use them. For more information about the Nature Packs contact Staci Radford-Vincent at 337-1337, Ext. 18.

Offer does not include free museum admission.



Take a Stroller Outside



Thursday, September 24 • 9-11 a.m.

FREE • Register by 9/22 (Code: 34018-A)

Clear Creek Trail - Tapp Rd. trailhead

For all ages.

Enjoy Clear Creek Trail in the early morning and bring your tot along for the ride. Bring your jogging stroller, baby backpack, or a helping hand to cross the street. By getting your child outside early in life, you can keep them interested in breathing fresh air and staying active.



Bird Watching

Thursday, September 24 • 5:30-7:30 p.m.
FREE • Register by 9/22 (Code: 34017-A)
Flatwoods Park, west of
Ellettsville on Flatwoods Road
For all ages.

Chick-a-dee-dee-dee. Listen and look for your favorite birds at this bird watching event. Make a bird feeder to take home and enjoy the birds in your backyard.



Family Night Paddle



Friday, September 25 • 8–9:30 p.m. \$6/in-city, \$7/non-city Register by 9/23 (Code: 34010-A) Griffy Lake Nature Preserve— Meet at the boathouse. For all ages.

Bring your family to paddle out at sunset and watch darkness fall on Griffy Lake in this special Night Paddle for Take a Child Outside Week. Registration is required and parents must accompany children under age 14 yrs. Watercraft, paddles, and personal flotations devices will be provided. Registration is required and parents must accompany children under age 14 yrs. Watercraft, paddles, and personal flotations devices are provided. Bring a flashlight to help you navigate your way once you get back on dry land.



Week ♦ September 24-30

discover our natural world and become good stewards as they become our future. can enjoy with a child and rediscover your own inner child. call Elizabeth Tompkins at 349-3759 and visit www.takeachildoutside.org.

Storm Drain Chasers CV



Saturday, September 26 • 3:30-5:30 p.m. FREE • Register by 9/24 (Code: 34014-A) Sherwood Oaks Park For ages 8 yrs. and up.

Every time it rains, storm water carries litter and other pollutants into storm drains and to our local creeks. This can lead to a significant source of contamination in Indiana's water resources. Volunteers are needed to mark storm drains by placing markers that say, "No Dumping—Drains to Stream." We will mark drains in the Jackson Creek watershed to help keep this waterway clean. For more information, visit www.bloomington.in.gov/utilities.

Pre-register for this free program.

Hike the Beanblossom Bottoms



Saturday, September 26 · 6-8 p.m. FREE • Register by 9/22 (Code: 34009-A) Beanblossom Bottoms Preserve, North Woodall Rd. • For all ages.

Join Sycamore Land Trust on a dusk adventure along the boardwalk loop at Beanblossom Bottoms Preserve. Focus on sounds of the evening and glimpse animals as the light fades away. Meet at the Beanblossom Bottoms parking lot approximately seven miles northwest of Bloomington.

Instructor: Carroll Ritter



Creek Stomp



Tuesday, September 29 · 6-7:30 p.m. \$3/in-city, \$4/non-city Register by 9/27 (Code: 34008-A) Griffy Lake Nature Preserve-Meet at the boathouse. For all ages.

Discover the critters, rocks and fossils that call Griffy Creek home. Come prepared to get wet and bring sturdy shoes or sandals.

After-School Nature Day



Wednesday, September 30 · 3:30-5:30 p.m. FREE · Register by 9/29 (Code: 34003-A) Rev. Ernest D. Butler Park For all ages.

Calling all kids, families and friends! Come out to Rev. Butler Park for an after-school nature extravaganza. We will have stations set up to look at the weather, learn about animals, make crafts and check out an above-ground cave. Come prepared to have a hoot! Pre-register for this free event.



For more information, contact Sarah Nix at 349-3748, nixs@bloomington.in.gov or visit our Web site.

Celebrate the autumn and the falling leaves near the stunning waterfalls at Lower Cascades Park.



Local arts n' crafts vendors

Four concerts

Pumpkin launching—bring your own pumpkins and watch them get launched!

Trick-or-Treat Trail, featuring new characters!

Tasty concessions available for an additional charge.

Movie under the stars

Festival of Ghost Stories

Schedule of Events

Friday October 23 • 4-11 p.m.—FREE

Time

4–7 p.m.

7:30–9 p.m.

9:15-11 p.m.

Trick or Treat Trail—\$4/child ages 2 yrs. and up One adult is free with paid child's admission. \$2/each additional adult. Festival of Ghost Stories on Main Stage—FREE

sponsored by Bloomington Storyteller's Guild and the Monroe County Public Library Warm up by the fire in the waterfall shelter—FREE

Movie—FREE

Location

Sycamore Shelter

Main Stage

MONROE COUNTY PUBLIC

LPBRARY

Saturday October 24 • 3–11 p.m.

\$4 admission fee—12 yrs. and under FREE Park at the Lower Cascades ballfields and ride the shuttle into the festival.

MAIN STAGE

Time

3–4 p.m.

4:30-6 p.m.

6:30-8 p.m. 8:30-10:30 p.m. **Event**

Opening concert

Concert

Concert

Concert

HER ACTIVITIES

Time

3–7 p.m.

3-10:30 p.m.

3-7 p.m.

3-8 p.m.

4-6 p.m.

Event

Arts and craft booths Food and beverages

Children's activities, including inflatables

Hayrides

Pumpkin launching

Music and Dance





Instructor: Lisa Bruns

Location: Twin Lakes Recreation Center

Kindermusik Sampler

Saturday, August 15 10-11:30 a.m. • FREE

Get a sample of our Kindermusik classes all under one roof. Instructor Lisa Bruns gives an interactive demonstration of Village for Babies, Our Time for Toddlers and Lisa's specially created Music Capers for Preschoolers.

Kindermusik—Village for Babies

Incorporating the most current research on early childhood development, this class provides families a special place for learning and connecting with other parents and babies through music and movement. Imagine your child swinging softly in a blanket or dancing with you around a maypole. Through a unique blend of multi-level activities that includes creative movement, vocal play, object and instrument exploration, and a colorful literature component, your baby's growth and development are stimulated and all of the senses engaged.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37508-A
 Wed.
 8/26–9/30
 10–10:45 a.m.
 8/26

Cost: 37508-A: \$60/in-city, \$75/non-city (6 classes)

37508-B: \$30 Family materials

Family materials are required, one per family.

Location: Twin Lakes Recreation Center
Instructor: Lisa Bruns, Kindermusik Educator
Ages: Newborn–12 mos. w/parent

Kindermusik—Our Time for Toddlers

This class encourages your child to uncover an engaging musical world while building confidence, self-control and communication skills. Toddlers engage in singing, imitating sounds, rhyming, and object identification to foster language skills. Creative movement to various musical "moods" develops a sense of balance, timing and spatial awareness. Specially designed instruments, exploration, movement and storytime encourage emergent literacy and help make this class enjoyable for caregivers and children alike.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37509-A
 Thur.
 8/27-11/19*
 9:30-10:15 a.m.
 8/27

Cost: 37509-A: \$100/in-city, \$110/non-city (12 classes)

37509-B: \$60 Family materials

Family materials are required, one per family.

Location: Twin Lakes Recreation Center **Instructor:** Lisa Bruns, Kindermusik Educator

Ages: 1–3 yrs. w/parent

Other: *Class does not meet 10/8.

Music Capers for Preschoolers

Research supports that music helps prepare the mind for specific disciplines of learning, including math, science, and language. Music Capers combines early childhood educational philosophies with fundamentals of music education and preschool concepts. Using the power of music, tap into your preschooler's creative spirit and boundless energy. Focus on developing self confidence so your preschooler will be ready for school and prepared for future music lessons.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37514-A
 Thur.
 8/27-11/19*
 10:45-11:25 a.m.
 8/27

Cost: \$90/in-city, \$100/non-city (12 classes)
Location: Twin Lakes Recreation Center
Instructor: Lisa Bruns, Kindermusik Educator

Ages: 3–5 yrs. w/parent.
Other: *Class does not meet 10/8.

Specialized Music Program

See page 15.

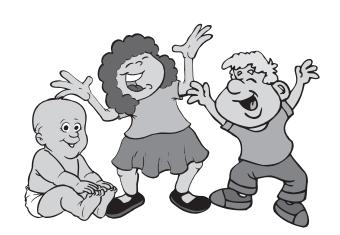
Living and Learning

Playgroups Welcome



Cost: \$1.50/person

Ages: 5 yrs. and under w/parent Location: Banneker Community Center



Toy Time for Babies

Bring your baby and play! Meet other parents, play with a wide variety of toys and enjoy our third floor Family Resource Center. Siblings up to age 5 yrs. are welcome.

New this session—special speakers:

September 14, 10:30–11:30 a.m.—Shelia Evans, RN discusses

childhood injury prevention and basic first aid.

November 9, 10:30–11:30 a.m.—Homemade toys workshop

Cost: **FREE**

Ages: 2 yrs. and under w/parent Time: Mondays, 10 a.m.-Noon **Location:** Banneker Community Center

Toy Time for Toddlers

Bring your toddler and play! Walk, jump, or hop into our spacious third floor Family Resource Center. Meet other parents and play with a wide variety of toys geared toward active toddlers. You will also find educational materials on the latest topics in child development. Younger siblings welcome!

Cost: **FREE**

2-5 yrs. w/parent Ages:

Thursdays, 2:30–4:30 p.m. Time: **Location:** Banneker Community Center

Leapin' Literature Story Hour

Literature comes alive on the second Wednesday of the month with a story, crafts and games. Each Story Hour has a theme and planned activities.

9/9 Truck Jam **Dates:**

> 10/14 Harvest Time 12/9 Holiday Happiness

Cost: FREE

Ages: 2–5 yrs. w/parent Time: Wednesdays, 10-11 a.m. Banneker Community Center **Location:** Other: *Class does not meet 11/11.

Alphabet Adventures

A, B, C, D, alphabet fun for you and me! Children practice recognizing and writing letters as they experience the alphabet through art, reading, snacks, crafts, and creative play. Parents have the option to participate, but must remain onsite.

Code Day(s) Date(s) Time Register by 4:45-5:30 p.m. 9/10 37506-A Tue., Thur. 9/15-10/22

Cost: \$60/in-city, \$70/non-city (12 classes)

 $2\frac{1}{2}$ –4 vrs. w/parent Ages:

Location: Banneker Community Center

Signing Babies

Sign a song of bears, balls, or bubbles! Watch—an your hands say "music" to the beat? Use the power of music and play to create unique opportunities to share ASL signing with your child. Signing with young, hearing babies and children enriches their interactions, relieves frustration, and gives you fascinating insights into your little one's thoughts and preferences. Signing facilitates early speech, vocabulary, and memory development. Through songs, toys, and playtime, this class will teach more than 50 signs children can use to "talk" with parents.

Code Register by Day(s) Date(s) **Time** 37510-A 10/14-11/18 10-10:45 a.m. Wed. 10/9

Cost: \$60/in-city, \$75/non-city (6 classes)

Ages: 6-24 mos. w/parent

Location: Twin Lakes Recreation Center **Instructor:** Lisa Bruns, Kindermusik Educator

Other: Class includes the book Sign Language for Babies and

Toddlers by Christopher Brown and John Clements.



Have a super fun day the first and third Friday of every month! Children will enjoy refreshments, crafts, and lots of activities and play. Feel free to bring a lunch and enjoy the fun atmosphere. The last 30 minutes is free time for play.

Fridays, 11:30 a.m.–1 p.m. • \$5/Friday, \$30/series **Banneker Community Center** For ages 2–5 yrs. w/parent.

	September 18–December 18	September 18
	Register by: 9/18 • Code: 37512-H	Register by: 9/18 • Code: 37512-A
	Super Fun Friday Series	High, High in the Sky
	October 2	October 16
	Register by: 10/2 • Code: 37512-B	Register by: 10/16 • Code: 37512-C
	Jungle Jamboree	Super Heroes
i	November 6	November 20
	Register by: 11/6 • Code: 37512-D	Register by: 11/20 • Code: 37512-E
	Vehicles VROOM!	Thanks for Giving
ı	December 4	December 18
	Register by: 12/4 • Code: 37512-F	Register by: 12/18 • Code: 37512-G
	Winter Animals	Holidays Around the World



Planes, Trains, and DADDYmobiles

Ready, set, go with a pile of wood scraps and creative energy! Dads, grandads, uncles, and men bring your sons and daughters for two evenings of designing, hammering, and building! Materials are included and a snack is provided.

Code Day(s) Time Register by Date(s) 37504-A Mon. 10/19-10/26 6-7 p.m. 10/16 37504-B 12/8-12/15 6-7 p.m. 12/4 Tue.

\$5 (2 classes) **Cost:** Ages: 3-5 yrs. w/parent

Location: Banneker Community Center

Somewhere Over the Rainbow

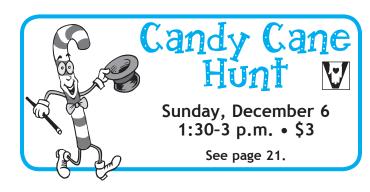
Journey through a rainbow of imagination in this creative art class We will explore each color of the rainbow through colorful crafts and artistic play. Wear play clothes and bring your imagination! Smocks are provided. Parents are invited to participate and must remain onsite.

Code Day(s) Date(s) Time Register by 37511-A Tue., Thur. 10/27–11/19 4:45–5:30 p.m. 10/22

Cost: \$35/in-city, \$40/non-city (8 classes)

Ages: $2\frac{1}{2}$ –4 yrs. w/parent

Banneker Community Center **Location:**



Sports and Fitness



Sport Shorties Fall Ball

Sport Shorties athletes learn the basic skills of team sports in a fun and safe recreational atmosphere. Teams will be determined after the registration deadline. Parents will be notified of team placement and practice times by phone prior to the beginning of the season.



Special requests need to be written on registration form. For program questions call Karen Serfling at 349-3746.

Code	Day(s)	Date(s)	Register by	Ages
37515-A	Sat.	9/12-10/17	9/4	3-4 yrs. w/parent
37515-B	Sat.	9/12-10/17	9/4	5–6 yrs. w/parent
Week 1. Socon skill building			Wook 1. Too ba	11 gamas

Week 1: Soccer skill building
Week 4: Tee ball games
Week 2: Soccer games
Week 5: Basketball skill building

Week 3: Tee ball skill building Week 6: Basketball games

Cost: \$40/in-city, \$50/non-city (6 classes)—Price includes T-shirt.

Location: Twin Lakes Recreation Center, Courts 4 and 5

Instructor: Volunteer coaches

Other: Volunteer coaches needed: If interested in coaching,

contact Kim Ecenbarger at 349-3739 or e-mail

ecenbark@bloomington.in.gov.

Coaches orientation: Thur., Sept. 10 from 6–7 p.m. at Twin Lakes Recreation Center.

Tumble Weeds

Leap and stretch, tumble and bend! Children in this class increase motor skills, balance and flexibility as they learn somersaults, walk the balance beam and more!

Code	Day(s)	Date(s)	Time	Register by	Ages
37513-C	Tue.	9/15-10/20	9:15-10 a.m.	9/10	2-4 yrs.
					w/parent
37513-A	Sat.	9/12-10/17	9:15–10 a.m.	9/7	2–3 yrs.
					w/parent
37513-B	Sat.	9/12-10/17	10:15-11 a.m.	9/7	3–4 yrs.
					w/parent

Cost: \$40/in-city, \$50/non-city (6 classes)
Location: Twin Lakes Recreation Center

Other: Child must be the age stated by the first day of class.

SOCCER Sport Shorties

Sport Shorties athletes learn the basic skills of team soccer in a fun and safe recreational atmosphere. Parent volunteer coaches are welcome and we will enjoy the new turf at the Twin Lakes Recreation Center. Teams will be determined after the registration deadline and families will be notified by phone prior to the start of the session.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37505-A
 Tue.
 10/20–11/17
 10 a.m.-1 p.m.
 10/16

Cost: \$25/in-city, \$30/non-city (5 classes)—Price includes T-shirt.

Ages: 3–5 yrs. w/parent

Location: Twin Lakes Recreation Center

Instructor: Volunteer coaches

Other: Volunteer coaches needed: If interested in coaching,

contact Kim Ecenbarger at 349-3739 or e-mail

ecenbark@bloomington.in.gov.

Coaches orientation: Tue., Oct. 20 at
9:15 a.m. at Twin Lakes Recreation Center.

Bloomington Youth Basketball

See page 29.

Youth

Living and Learning

Kid City Fall/Winter Break Days

Summer camp may have ended but the fun continues at Kid City Break Days. Explore Bloomington, play games, sing, and enjoy all the fun camp stuff that you already miss.

camp starr that you arroady miss.					
	Code	Day(s)	Date(s)	Time	Register by
	34501-A	Thur.	10/29	7:30 a.m6 p.m.	10/26
	34501-B	Fri.	10/30	7:30 a.m6 p.m.	10/26
	34501-C	Tue.	11/3	7:30 a.m6 p.m.	10/29
	34501-D	Mon.	12/21	7:30 a.m6 p.m.	12/16
	34501-E	Tue.	12/22	7:30 a.m6 p.m.	12/16
	34501-F	Wed.	12/23	7:30 a.m6 p.m.	12/16
	34501-G	Mon.	12/28	7:30 a.m6 p.m.	12/23
	34501-H	Tue.	12/29	7:30 a.m6 p.m.	12/23
	34501-I	Wed.	12/30	7:30 a.m6 p.m.	12/23
	34501-J	Thur.	12/31	7:30 a.m6 p.m.	12/23

Cost: \$30/in-city, \$35/non-city

Ages: Grades K–6

Location: Twin Lakes Recreation Center

Call Leslie Brinson at 349-3735 or Mark Sterner at 349-3768 with program questions. Contact Kim Ecenbarger at 349-3739 if interested in coaching or sponsorship. A variety of sponsorships ranging from individual to corporate are available.

Developmental League

Parks and Recreation Developmental League is where everyone is a winner! This program focuses on building self-esteem, teamwork, and the basic fundamentals of basketball. Jump in and share a fun and positive experience with your child. Rules are modified to fit individual skill levels and enhance the ability for each player to learn and develop. All leagues are coed. Season includes weekly practices and games. The season concludes with an awards banquet. Teams practice two nights a week for the first two weeks of the season—then one night a week for the remainder of the season. Practices begin the week of October 19. Games begin the week of November 2 for grades 4–8; Saturday, November 7 for grades Pre-K-3.

Code	Grade	Game Day(s)	Date(s)	Time
35016-A	Pre-K	Sat.	11/7-12/19	TBD
35016-B	K-1	Fri./Sat.	10/19-12/19	TBD
35016-C	2-3	Fri./Sat.	10/19-12/19	TBD
35016-D	4–5	Tue./Sat.	10/19-12/19	TBD
35016-E	6–8	Thur./Sat.	10/19-12/19	TBD

Cost: \$50/Pre-K, \$60/Grades K-8 **Register by:** Pre-K: 10/30, Grades K-8: 9/25

Various. **Locations**:

COACHES NEEDED! MANDATORY NEW COACHES INFORMATION SESSION: Wed., Sept. 16 at 6 p.m. or Thur., Sept. 17 at 6 p.m. at Twin Lakes Recreation Center.

MANDATORY COACHES MEETING: Wed., Oct. 14, 6 p.m. at

Twin Lakes Recreation Center.

VOLUNTEER COACHES DEADLINE: Sept. 11

	Required Evalu	ation Day
Grade	Date	Time
Grades 2–3		11 a.m.
Grades 4–5		12:45 p.m.
Grades 6–8	9/26	1:45 p.m.

There is no evaluation for grades K-1. Make-up session on Wed., Sept. 30 at 6 p.m. Teams are made by program staff after the Sept. 30 evaluation.



Parent Information Nights for both **Developmental and Skilled Leagues**

September 9 and 14 • 6 p.m. Twin Lakes Recreation Center

Ask questions about league rules, philosophy, and meet the staff.

Skilled League

This program focuses on basketball fundamentals along with the application of learned skills during game participation. If your child has a general understanding of the game, can dribble, shoot and pass, this is the league for you. The league offers divisions ranging from grades K-8. All leagues are coed up through grade 3. Girls play in a Girls Only League beginning in grade 4. Season includes weekly practices and games one night a week and an occasional Saturday. The season concludes with an awards banquet and single elimination tourney for each grade level. Teams practice two nights a week for the first two weeks of the season—then one night a week for the remainder of the season. Practices are held at Twin Lakes Recreation Center. Time and day are determined by the coach. Practices begin the week of October 19. Games begin the week of November 2.

Code	Grade	Game Day(s)	Date(s)	Description
35015-A	K	Wed.	10/19-12/19	Coed
35015-B	1	Mon.	10/19-12/19	Coed
35015-C	2	Tue.	10/19-12/19	Coed
35015-D	3	Wed.	10/19-12/19	Coed
35015-F	4–5	Tue.	10/19-12/19	Boys
35015-G	4–6	Tue.	10/19-12/19	Girls
35015-H	6	Mon.	10/19-12/19	Boys
35015-I	7–8	Thur.	10/19-12/19	Girls
35015-J	7–8	Thur.	11/9-12/19	Boys

Cost:

Register by: K-6: 9/25, Boys grades 7-8: 10/30, Girls grades 4-8: 9/25 Twin Lakes Recreation Center

COACHES NEEDED! MANDATORY NEW COACHES INFORMATION SESSION: Wed., Sept. 16 at 6 p.m. or Thur., Sept. 17 at 6 p.m. at Twin Lakes Recreation Center.

MANDATORY COACHES MEETING: Wed., Oct. 14, 6 p.m. or Thurs., Oct. 15 6 p.m. at Twin Lakes Recreation Center VOLUNTEER COACHES DEADLINE: Sept. 11

Required Evaluation Day				
Grade	Date	Time		
Grades K-	1 9/26	10 a.m.		
Grades 2–3		11 a.m.		
Grades 4–	5 9/26	12:45 p.m.		
Grades 6–8	9/26	1:45 p.m.		
Girls	9/26	2:45 p.m.		
Boys grade	es 7–8 11/3	6 p.m.		

Make-up session on Wed., Sept. 30 at 6 p.m. Teams are made by program staff after the Sept. 30 evaluation.

Look for Season II information in our Winter-Spring Program Guide. Season II runs January 18-April 2.

Skills Clinic

Presented by Parks and Recreation Bloomington Youth Basketball. This clinic is for boys and girls grades K-8 who want to enhance their level of play or just learn more about the game. Designed for the beginner through advanced player, professionals will be on hand to answer questions about the Bloomington Youth Basketball program. The clinic is run by Chris Ward, a former professional basketball player who currently works for the largest sports management company in the world. He trains high school student athletes, college players for the NBA pre-draft, and NBA players in off-season conditioning. When you add his knowledge of the game and his passion for helping kids, it's a winning combination.

Code	Day(s)	Date(s)	Time	Grade
35017-A	Sat.	9/12	9 a.mNoon	K-2
35017-B	Sat.	9/12	2–6 p.m.	3–6
35017-C	Sun.	9/13	1–5 p.m.	7–8

\$50 Cost: Register by: 9/9

Location: Twin Lakes Recreation Center

Instructor: Chris Ward

Sports and Fitness



Junior Golf Clinic

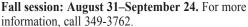
See page 34.

Ice Skating

See pages 13-14.

Youth Tennis Lessons

Pick up a racquet and join us for fall tennis lessons at the Winslow Sports Complex. Instructors are accomplished players and trained through the USPTA curriculum. Typical student to teacher ratio is 5:1.



Code	Day(s)	Time	Ages	Level
37201-A	Tue., Thur.	5–6 p.m.	6–9 yrs.	Beginner
37201-B	Mon., Wed.	5–6 p.m.	9–12 yrs.	Beginner
37201-C	Tue., Thur.	6–7 p.m.	9–12 yrs.	Intermediate

Cost: \$34/in-city, \$42/non-city

Register by: 8/27

Location: Winslow Sports Complex

Private Tennis Lessons

If group lessons are not your style or if you like more personalized attention, private lessons are available from our group instructors. Times are flexible. Call 349-3762 for more information.

Play Tennis Throughout The City

Public play at Winslow Sports Complex, Bryan Park, Southeast Park, Park Ridge East, Sherwood Oaks, Thomson Park, Bloomington High School North and South is permitted whenever courts are not being used by City of Bloomington Parks and Recreation. Available hours are posted at each site.

ASTA KWOD DOY

For ages 7–15 yrs.
Cost: \$38/in-city, \$45/non-city (14 classes)

Build self-confidence, develop self-discipline, and learn how to defend yourself. Classes are held at the Banneker Community Center and are taught by instructors from Monroe County Martial Arts.

Beginning Youth Tae Kwon Do

For the beginning student. White belts only.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37501-A
 Tue., Thur.
 9/8–10/22
 6–6:45 p.m.
 9/3

 37501-B
 Tue., Thur.
 10/27–12/17*
 6–6:45 p.m.
 10/22

Intermediate Youth Tae Kwon Do

For the intermediate student. Yellow belt and above.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37502-A
 Tue., Thur.
 9/8–10/22
 6:45-7:30 p.m.
 9/3

 37502-B
 Tue., Thur.
 10/27–12/17*
 6:45-7:30 p.m.
 10/22

*Class does not meet 11/26.

Bloomington Blades All Star Hockey

The Bloomington Blades All Star Hockey program is designed for the more serious hockey player between the ages of 7–12 yrs. (before June 30).

Bloomington ES

Teams play a schedule consisting of 25 home and away games September 29–February 28. The program is open to all Blades/House Hockey Program players. For more information, visit the youth hockey Web site at http://bloomingtonblades.org.

House Hockey Program

An instructional league designed for the beginning through advanced hockey player. League runs October 19–February 28. We provide Web sites, swap shops, and equipment rental that gives you all the information and makes it affordable. **Don't know much about hockey?** Well, you didn't know much about soccer either. It's just basketball or soccer on skates with spacing, cutting, and passing.

Code	Ages	Description
32511-A	4–6 yrs. (DOB: 03/04)	Cubs house hockey
32511-B	7–8 yrs. (DOB: 01/02)	Mites house hockey
32511-C	9–10 yrs. (DOB: 99/00)	Squirts house hockey
32511-D	11–12 yrs. (DOB: 97/98)	Pee Wees house hockey

Cost: In-city: \$160 Cubs/\$215 all other

Non-city: \$175 Cubs/\$230 all other

Register by: 10/9

Location: Frank Southern Ice Arena

Hockey Initiation

This program is designed to provide a safe and positive experience for beginning hockey players. The primary focus of instruction is on skating, puck handling, passing and shooting. *Equipment required:* A bicycle helmet, hockey stick, and a pair of any type of gloves.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 32512-A
 Sun.
 10/25–12/6
 1:45-2:45 p.m.
 10/25

Cost: \$40/in-city, \$45/non-city (8 classes)

Ages: 5–14 yrs.

Location: Frank Southern Ice Arena

Teen

Sports and Fitness



Bloomington Blades High School Hockey

2007 Indiana High School 1A State Champions! A competitive hockey team consisting of local and area players. Call or visit the arena to check game days and times.

 Day(s)
 Date(s)

 Mon.-Sun.
 9/29-2/28

Ages: 14–18 yrs.

Location: Frank Southern Ice Arena

Healthy Living



Teen Yoga

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class is taught at an appropriate pace for young people. Students must bring their own mat, block and belt to class. All other props will be provided. For information about where to purchase these props, please call 349-3731.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 34506-A
 Mon.
 9/14–10/19*
 5–6:15 p.m.
 9/9

Cost: \$41/in-city, \$51/non-city (6 classes)

Ages: 13–18 yrs.

Location: Allison-Jukebox Community Center

Instructor: Aaron Fleming

Other: *Class does not meet 10/12.



The following after-school programs are presented through a partnership between the City of **Bloomington Parks and Recreation** Department and Rhino's/Harmony School.

All programs are FREE and are held at Rhino's Youth Center, 331 S. Walnut St. Registration is not required. All programs are ongoing, so you can join at any time!

YOUTH Video (Phinoplasty)

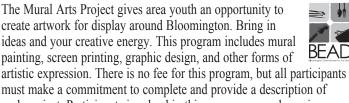


This award-winning program focuses on learning to use video and editing equipment, writing news commentaries and humor sketches for production, understanding TV production sequences and developing stage presence. Participants produce and broadcast a variety show aired on CATS TV every Friday at 10 p.m. Planning meetings are held the second Monday of every month.

Code Dav(s) Time Date(s) Ages 30000 Mon. ongoing 3:30–7 p.m. 13–18 yrs.

Instructor: David Walter

Youth Mural arts



each project. Participants involved in this program may also enjoy the graphic design component of the Youth Journalism Project held Wednesday afternoons.

Code Day(s) Date(s) Time Ages 30000 Tue. ongoing 3:30–5:30 p.m. 13–18 yrs.

Instructor: Danielle Urschel

YOUTH JOURNALISM Project (The Antagonist)

Make your opinion known! The Antagonist, Bloomington's youth newspaper, is looking for writers, editors, and artists. The Antagonist is published monthly and includes music reviews, editorials, issue-based articles, poetry, and youth art.

Day(s) Code Date(s) Time Ages 30000 Wed. ongoing 3:30-5:30 p.m. 13-18 yrs.

Instructor: Sparky Taylor

YOUTH Padio

\•/ Youth Radio on WFHB 91.3 FM wants you ON AIR! Young broadcasters learn about the inner workings of a radio station, spin their musical selections, talk about youth activities, and discuss youth/ community issues. All participants have the opportunity to learn editing skills, hone their radio personalities, and attend informative workshops. Bring two blank CDs. Youth Radio broadcasts on Saturdays from 5–10 p.m. Participants must attend Thursday meetings and demonstrate certain competency levels with the equipment to become broadcasting members of Youth Radio.

Code Day(s) Date(s) Time Ages 30000 Thur. ongoing 3:30–5:30 p.m. 13–18 yrs.

Instructor: Eric Ayotte

These programs are made possible with support from WFHB Community Radio, CATS TV, United Way and the Monroe County **Tobacco Prevention and Cessation Coalition.**

Arts & Crafts

Bookbinding Workshops

Learn the incredible art of bookbinding in these focused workshops for teens. Material support for this workshop provided by Pygmalion's Art Supplies of Bloomington.

For ages 13-18 yrs. • Instructor: Sandra Toskarski

Bookbinding: 3 Simple Books

Learn to turn your writing, drawing, photographs and more into professional and sturdy books.

Register by Code Day(s) Date(s) Time 34503-A Fri 9/11 3:30-6:30 p.m. 9/7

Cost: \$8/in-city, \$10/non-city

Location: Allison-Jukebox Community Center

Bookbinding: Traditional Bound Book

Explore more advanced techniques for bookbinding in this two-part class. Come away with your very own bound book and the techniques to make them on your own.

Code Day(s) Date(s) Register by Time 34504-A 10/9-10/16 Fri. 3:30-6:30 p.m. 10/5

Cost: \$18/in-city, \$23/non-city (2 classes)

Rhino's Youth Center, 331 S. Walnut St. Pygmalion's 45 **Location:**

Basic Figure Drawing

Learn the art of basic figure drawing outside of the classroom. Whether you are compiling a college portfolio or just want to learn to draw people, this two-part, teens-only class offers opportunities for all skill levels. Call 349-3731 for more information.

Day(s) Time Register by Code Date(s) 34502-A Fri. 11/6-11/13 3:30-6 p.m. 11/2

\$10/in-city, \$15/non-city (2 classes) **Cost:**

Ages: 13-18 vrs.

Location: Rhino's Youth Center, 331 S. Walnut St.

Instructor: Michael Lierly

Travel



Depart from the City of Bloomington Allison-Jukebox Community Center.

Weekend Rock Climbing at Red River Gorge

Climb to new heights at Red River Gorge with this weekend trip for teens. Explore beautiful Daniel Boone National Forest, camp in the spectacular wilderness of western Kentucky, and climb your heart out. This partnership with Hoosier Heights staff offers instruction for the beginner to the advanced climber. Call Josh Thurston or Isaac Heacock at 824-6414 for more information.

Code Day(s) Date(s) Time Register by 34507-A Fri.-Sun. 9/18-9/20 Fri., 4 p.m.–Sun.,6 p.m. 9/11 34507-B Fri.-Sun. 10/9–10/11 Fri., 4 p.m.–Sun., 6 p.m. 10/2

\$145/in-city, \$150/non-city Ages: 13-18 yrs.

Instructors: Josh Thurston & Isaac Heacock



Halloween Hideout at Garden of the Gods

Spend your Halloween hiding out at Garden of the Gods in Shawnee National Forest. Travel with us on Friday afternoon to southern Illinois for a weekend exploring the remains of once ocean floor, now sandstone canyon. All camping gear will be provided, and is included in the program fee. For specific activity questions, call 349-3731.

Code Day(s) Date(s) Register by 34505-A Fri.-Sun. 10/30-11/1 Fri., 9 a.m.-Sun.,6 p.m. 10/23

\$135/in-city, \$140/non-city **Cost:**

Ages: 13-18 yrs.

Travel



Water Reservoirs of Bloomington: Past & Present

Visit four past water reservoirs for the City of Bloomington: Twin Lakes, Leonard Springs, Griffy Lake, and Lake Monroe. The three aforementioned are now City parks and Lake Monroe is our current water reservoir. Afterwards, peruse the collections of the Monroe County History Center to see how some of our reservoir history has been preserved. Dress appropriately for the weather—trip takes place rain or shine. Bring a sack lunch. Educational materials, admission to the museum, and drinking water are included.

Code Dav(s) Date(s) Time Register by 36001-A Sat. 10/17 9 a.m.-4 p.m. 10/9

Cost: \$26

Ages: 8 yrs. and up w/parent

Location: Departs from and returns to the Twin Lakes

Recreation Center.

Instructor: Frank Buczolich, City of Bloomington Utilities Department

Bat Fest

The third annual Indiana State University Bat Festival is the perfect event for anyone interested in bats. Enjoy talks, live bat presentations, children's activities, vendors, and more. Discover how important these small flying mammals are to our environment! Price includes admission and transportation. Lunch is on your own.

Code Dav(s) Register by Date(s) Time 36002-A 9/19 Sat. 8:30 a.m.-5:30 p.m. 9/11

\$24 **Cost:**

Ages: 8 yrs. and up w/parent

Location: Departs from and returns to the Twin Lakes

Recreation Center.

Healthy Living



Flu Shot Clinic

Maxim Health Systems offers a drop-in influenza and pneumonia shot clinic. Maxim will bill Medicare Part B or participating health plans for recipients who have valid coverage with documentation.

Time Dav(s) Date(s) Fri. 10/210 a.m.-2 p.m.

Cost: For more information, contact

Maxim Health Systems at (614) 880-1280.

Ages: 9 yrs. and up

Location: Twin Lakes Recreation Center

Teen Yoga

See page 30.

The Great Outdoors

Volunteer to Maintain our Natural Spaces Would you like to help maintain and restore some of Bloomington's most scenic natural areas? Many volunteer projects are available for individuals and groups throughout the Bloomington community. Help is needed in a variety of parks, including Griffy Lake Nature Preserve and Latimer Woods. See page 45 or contact Special Services Coordinator Kim Ecenbarger at 349-3739 to find out how you can get involved.

Roving Naturalist

Call our Roving Naturalist to your event to add hands-on activities that enhance interest in our natural world. Schedule programs, classroom visits or field trips about a multitude of topic areas! For more information call 349-3759. A small fee is charged for most programs to cover basic expenses. Look for us at a park or event near you!

Adopt-a-Trail Program

More than 30 trail miles in Bloomington's city parks need periodic inspection and maintenance to remain safe and usable. Parks and Recreation staff provide training and equipment to volunteer groups of any size for monthly trail monitoring and annual trail maintenance. Volunteer monitoring and maintenance hours can be applied toward your Citizen Scientist certification.

Citizen Scientist Certification

Parks and Recreation offers a unique opportunity for community members ages 14 yrs. and up: Citizen Scientist certification. To receive this certificate, participants must attend two scheduled programs indicating a Citizen Scientist opportunity. Candidates must also volunteer at least 10 hours monitoring or maintaining the city's natural areas. For more information or to receive a list of upcoming workshops and Citizen Scientist opportunities, call 349-3759.

Educator Resources

If you or your organization would like to learn more about water quality, wildlife or forest ecology, or karst topography, contact us to schedule a hands-on educational workshop. We offer instruction in Hoosier Riverwatch, Project Wild, Project Learning Tree, Project WET and Project Underground. For more information, call 349-3759 or check out these activities through the Natural Resources Education Center at www.in.gov/dnr/nrec.



Mr Take a Child Outside Week September 24-30

Take A Child Outside Week is an international effort to help children discover our natural world and become good stewards as they become our future.

See pages 22–23 for details.

Bird Watching Take a Stroller Outside WonderGarden Nature Packs Family Night Paddle Storm Drain Chasers Hike the Beanblossom Bottoms Creek Stomp After-School Nature Adventure

For all Great Outdoors programs:

Price is per person. Children under 12 yrs. must be accompanied by a registered adult. Activities may be both inside and outside, so please dress for the weather.

Weather Wonders

Enter the wonderful world of weather and learn how to build a weather station, read the sky and make weather predictions. Feel the sun, watch for rain, and gaze at the clouds as we look above and beyond.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 34015-A
 Sat.
 9/5
 1–3 p.m.
 9/3

Cost: \$5/in-city, \$6/non-city Ages: 8 yrs. and up

Location: Bryan Park—Meet in the south parking lot on Henderson St.

Preparedness Family Workshop

September is National Preparedness Month. Are you ready? Learn how to prepare yourself and your family for emergency situations. You will be guided through the process by local emergency management personnel. Being proactive could save a life! For more information, visit www.ready.gov/america/npm09.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 34012-A
 Thur.
 9/10
 7–8:30 p.m.
 9/9

Cost: FREE
Ages: For all ages.

Location: City Hall, 401 N. Morton St., McCloskey Room, #135 Instructor: John Comerford, Director, Monroe County EMA

Project Underground Workshop

These workshops provide educational tools for a deeper look into karst topography including sinkholes, caves, and springs through active participation in activities and a tour at a nature park. Receive an activity book, a cloth tote bag, and all sorts of wonderful educational materials to utilize and share. Bring a sack lunch.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 34020-A
 Sat.
 12/5
 8:30 a.m.-3 p.m.
 11/27

Cost: \$25

Ages: 18 yrs. and up.
Location: Twin Lakes Lodge
Instructor: Kriste Lindberg



Autumn Equinox Hike

Enjoy the cooling breeze of autumn arriving as you hike the trails of Griffy Lake Nature Preserve. Learn about the seasonal changes in the trees and animals that occur with the change in daylight hours.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 34004-A
 Tue.
 9/22
 6-7 p.m.
 9/21

Cost: \$2/in-city, \$3/non-city

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Instructor: Sara Beatty

Mysteries Revealed! Miller-Showers Park Tour

Where does the water go after it rains? We retrace contour lines that raindrops follow as they roll down hill and settle in a pond, learn how plants naturally cleanse storm water to help keep our waterways clean, and look for signs of wildlife as water flows north and east through Miller-Showers and then Cascades Park.



Cost: FREE
Ages: For all ages.

Location: Miller-Showers Park **Instructor:** Kriste Lindberg

Night Paddle

Enjoy an evening of peace and serenity on Griffy Lake during the full moon. Navigate the lake, take in deep breaths of fresh air and watch the night sky light up the waters. Registration is required. Watercraft, paddles, and life jackets are provided. Bring a flashlight to light your way once you get back on dry land. Parents must accompany children under age 14 yrs.

Code	Day(s)	Date(s)	Time	Register by
34011-A	Fri.	9/4	8–9:30 p.m.	9/2
34011-B	Sun.	10/4	7–8:30 p.m.	10/2
			- <i>t</i>	•

Cost: \$6/in-city, \$7/non-city
Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Willis Blatchley Birthday and Nature Celebration

Celebrate the renowned Indiana naturalist's 150th birthday with a tour of Leonard Springs Nature Park. Walk the one-mile loop trail for a look at caves, a spring-fed creek and a beautiful wetland. For other outdoor nature adventures during this weekend-long celebration, visit the Sassafras Audubon Society's Web site at www.sassafrasaudubon.org.

Code Day(s) Date(s) Time 34021-A Sat. 10/3 1–3:30 p.m.

Cost: FREE
Ages: 8 yrs. and up

Location: Meet at Karst Farm Park, 2450 S. Endwright Rd.

Saving Native Plants by Controlling Invasive Plants

Invasive plants are damaging our native plant communities by competing with them for sunlight, water and space. The rapid spread of several invasive species in Bloomington is threatening the plants and animals that live here. This program shows you how to identify invasive plants and provide examples of how they can be controlled.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 34019-A
 Sat.
 10/3
 1-3:30 p.m.
 10/2

Cost: \$5

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Instructors: Steve Cotter and Sara Beatty

Sustain Bloomington

Celebrate sustainability at People's Park. Pick up information about our awesome local natural resources, Indiana University Office of Sustainability efforts, green companies in the area, and ways to reduce your carbon footprint. There will be local entertainment for your lunchtime pleasure.

Day(s) Date(s) Time Wed. 10/7 10 a.m.–2 p.m.

Cost: FREE
Ages: For all ages.
Location: Peoples Park

Canoe Scavenger Hunt

Ahoy, matey! Treasure has been scattered along the banks of Griffy Lake. Learn to use a compass and canoe to find clues leading to your share of the "gold"—but beware the pirates and creatures of the deep.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 34006-A
 Sat.
 10/10
 3-4:30 p.m.
 10/7

Cost: \$6/in-city, \$7/non-city Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse

Instructor: Elizabeth Tompkins

Falling Leaves

Learn to identify trees by examining their leaves, bark and twigs and discover the reason behind their decorative fall colors. Collect and create imprints of your favorite leaves on a bandana to take home.

Code Day(s) Date(s) Time Register by 34002-A 2-3:30 p.m. 10/7 Sat. 10/10

Cost: \$5/in-city, \$6/non-city

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Instructor: Sara Beatty

Caves Among Us—Leonard Springs Nature Park Tour



See what occurs in the caves, springs and wetland area at Leonard Springs Nature Park. A variety of plants and animals call the park home, including many that rely on karst features for their survival. This 1½-hour evening tour is designed to give you a look into one of Bloomington's most beautiful natural areas. Walk the one-mile loop rugged trail to see what changes occur with the coming fall season. Wear sturdy shoes. Register early for this free event as parking space is limited.

Code Day(s) Date(s) **Time** Register by 34007-A Wed. 10/21 6-7:30 p.m. 10/20

FREE Cost: Ages: For all ages.

Location: Leonard Springs Nature Park —Meet in parking lot.

Instructor: Kriste Lindberg

Bats of Indiana

Learn about bats that live in Indiana and how they are beneficial to our environment. Receive the latest updates on White Nose Syndrome, a potential threat to the bats' existence.

Day(s) Day(s) Date(s) **Time** 34005-A 10/28 6:30-8:30 p.m. Wed.

FREE Cost: Ages: 16 yrs. and up

Monroe County Public Library, **Location:**

303 E. Kirkwood Ave., Auditorium

Instructor: John Whitaker, Professor at Indiana State University,

Director of the Center for North American Bat Research and Conservation, and author of Bats of Indiana and

Mammals of Indiana.

Winter Bird Feeding

Customize your yard to attract your favorite birds all winter long. Discuss feeder placement and recipes. Cook up some treats and make some simple feeders to start your backyard winter bird habitat.

Code Time Day(s) Date(s) Register by 34016-A 11/4 Wed. 6-7:30 p.m. 11/1

Cost: \$6/in-city, \$7/non-city

Ages: For all ages. **Location:** Twin Lakes Lodge **Instructor:** Elizabeth Tompkins

Star Seekers

Scan the sky for bears, bulls and belles. This evening also marks the beginning of the Leonid meteor shower. Participants learn to read sky charts, identify common constellations and hear their stories. Dress appropriately for the weather as this program is held entirely outdoors.

Code Day(s) Date(s) Time Register by 34013-A 11/17 11/13 Tue. 7-8:30 p.m.

Cost: \$5/in-city, \$6/non-city

For all ages. Ages: **Location:** Thomson Park **Instructor:** Sara Beatty



Sports & Fitness





3550 N. Kinser Pk.,

Bloomington, IN • (812) 349-3764

Visit our Web site to reserve a tee time!



Discover Cascades!

Cascades Golf Course consists of three ninehole courses, which can be combined to create three separate 18-hole configurations The course rests on 200 acres of beautiful rolling hills with native trees and natural topography. Named for the natural cascading waterfalls located throughout the golf course property. several waterfalls can be heard, and with a brief walk off the perimeter of several holes, can be seen from the course.

Cascades offers amenities to meet the needs of any golfer. Leagues are offered for all ages, and the Clubhouse houses locker rooms, a concession stand and a banquet/conference facility. Individual or group lessons may be scheduled with our on-site golf pro by calling 349-3764.

Beginner's Golf Clinic

Learn one of America's great sports at our two-hour beginner's clinic! Our qualified instructors teach basics of the grip, swing, and stance that can be used throughout your golf career. We also cover putting, rules, and love of the game! Saturdays, 12:30-2:30 p.m.

Date(s) Register by Code 8/22 8/17 23501-C 23501-D 9/12 9/7

Cost: \$17/in-city, \$20/non-city Ages: 18 yrs. and up

Junior Golf Clinic

Give your youngsters the background they need to enjoy the game of golf all their lives! Our two-hour junior golf clinics introduce the fundamentals, plus some of the rules and terms. Saturdays, 10 a.m.-Noon

Code Date(s) Register by 23502-C 8/22 8/17 9/12 23502-D 9/7

\$17/in-city, \$20/non-city Cost: Ages: 8-17 yrs.

Golf Outings

We provide a course that is fun, fair and fast to play. Our trained staff is available to assist in planning, organization and implementation to

ensure a successful and enjoyable outing experience. We have many packages available. For best available dates,

book early. Call 349-3764 and ask for Jason Calhoun or Todd Fleener.

Season Passes (in-city/non-city) Junior \$190/\$220 Adult \$455/\$485 Senior \$395/\$420 \$655/\$775

Cascades Golf

Course

2009 RATES

18 Holes Weekday \$20 **18 Holes Weekend \$22** 9 Holes (Mon.-Thurs.) \$13

Season passes are good for one

year from date of purchase!

Family

League Play \$13 Twilight \$15

Student Rate* \$15 *Valid student ID required. (Mon.-Thur. only)

10-Play Pass \$153 Family Day* \$13

*Adult w/child. Children 15 yrs. and under golf free. (Sun. after 3 p.m.)

> 9-Hole Cart \$7 **18-Hole Cart** \$13 Range Balls \$5

Hours:

Dawn to dusk

Staff:

Jason Calhoun Golf Facilities Manager

Todd Fleener **Program Coordinator**

Accessibility:

Designated parking spaces in lot. Restrooms and main entrance all accessible.

Sports Hotline: 349-3610

for general information or weather-related cancellations

lazzercise

jazzercise。 Jazzercise is the original dance fitness, total-body conditioning program that combines the art of jazz dance and the beat of popular music. This class features a proven combination of aerobic exercise and strength training with weights and resistance tubes. In addition to feeling great, you'll see your cardiovascular endurance, strength, and flexibility increase. Registration is always open. Try a class for \$5. For more information call Kris Heeter at 876-2158. Class length is 60 minutes.

Davs: Tuesdays and Thursdays at 5:45 p.m., Saturdays at 9 a.m. Cost: \$10/day, \$29/month (auto debit only), \$75/two months, \$110/three months. Discounts for IU and Ivy Tech students and seniors 65 yrs. and up. Passes may be used at another Bloomington Jazzercise location. Registration is always open, so you can join at any time! A one-time \$35 joining

fee is charged to new participants.

Ages: 18 yrs. and up

Location: Fairview United Methodist Church, 600 W. Sixth St.

Private Tennis Lessons

If group lessons are not your style or if you like more personalized attention, private lessons are available from our group instructors. Times are flexible. Call 349-3762 for more information.

Play Tennis Throughout The City

Public play at Winslow Sports Complex, Bryan Park, Southeast Park, Park Ridge East, Sherwood Oaks, Thomson Park, Bloomington High School North and South is permitted whenever courts are not being used by Parks and Recreation. Available hours are posted at each site.

Adult Tennis Lessons

Pick up a racquet and join us for fall tennis lessons at the Winslow Sports Complex. For ages 18 and over. Instructors are accomplished players and trained through the USPTA curriculum. Typical student to teacher ratio is 5:1.

Code Day(s) Date(s) Time Level 37001-A Mon., Wed. 8/31-9/23 6-7 p.m. Beginner 37001-B Mon., Wed. 8/31-9/23 7–8 p.m. Intermediate

Cost: \$40/in-city, \$48/non-city

Ages: 18 yrs. and up

Register by: 8/27

Location: Winslow Sports Complex

Fitshop

Achieve total fitness through cross-training techniques! Tone and sculpt your body through the use of free weights and resistance bands while also improving cardiovascular health through a variety of aerobic exercises.

Code Day(s) Register by Date(s) Time 9/17 35004-A Tue., Thur. 9/22-10/29 5:30-6:30 p.m. 35004-B Tue., Thur. 11/3-12/15* 10/29 5:30-6:30 p.m.

Cost: \$45 (12 classes) Ages: 18 yrs. and up

Twin Lakes Recreation Center **Location:**

Instructor: Amanda Dubinski

*Class does not meet 11/26. Other:



Steady Steppers

This popular step class is a fun, low-impact way to increase energy, burn fat, and feel great! All fitness levels are welcome.

Code Day(s) Date(s) Time Register by 35005-A Mon., Wed., Fri. 9/9–10/16 8:30-9:30 a.m. 9/3 35005-B Mon., Wed., Fri. 10/19–11/25 10/13 8:30-9:30 a.m. 35005-C Mon., Wed., Fri. 11/30–12/21 8:30–9:30 a.m. 11/24

\$35 (17 classes) Cost: Ages: 40 yrs. and up

Location: Twin Lakes Recreation Center

Stroller March

Attention parents! Bring your babies and their strollers to this class to help with your fitness goals. Our instructor and 1/5-mile indoor track help you get fit while your kiddos go for a ride!

Code Dav(s) Date(s) Time Register by 35006-A Tue., Thur. 9/3-10/13 10-11 a.m. 8/28 35006-B 10/9 Tue., Thur. 10/15-11/24 10-11 a.m.

Cost: \$30 (12 classes) Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Sarah Ramusack, ACE Personal Trainer

lump Start to Fitness

The City of Bloomington Parks and Recreation Department and the Monroe County YMCA have partnered to bring you more fitness options! Jump Start to Fitness combines water aerobics, land fitness, weight training, and health and wellness discussions. The class is held at the Monroe County YMCA and taught by YMCA fitness staff. Participants are required to provide a health history and have a doctor's approval before starting the class.

Code Day(s) Date(s) Time Register by 35009-A Tue., Thur. 9/8-10/22 1-2:45 p.m. 9/3 35009-B Tue., Thur. 10/27-12/10* 1-2:45 p.m. 10/22

Cost: 35009-A: \$65 (14 classes) 35009-B: \$61 (13 classes)

18 yrs. and up Ages:

Monroe County YMCA, 2125 S. Highland Ave. **Location:**

*Class does not meet 11/26. Other:

Zumba Fitness

Zumba (Spanish slang for "to move fast and have fun") Fitness was created in the mid-'90s by Colombian native Alberto "Beto" Perez, a celebrity fitness trainer and choreographer for international pop superstars. Rock to Latin rhythms with red-hot international and inspirational dance steps! People of all ages are falling in love with its infectious music, easy-to-follow dance moves, and body-toning benefits.

Twin Lakes Recreation Center

For ages 18 yrs. and up • Instructor: Kimberly Storvik

Zumba Light—An instructor-prompted class for beginners Code Day(s) Date(s) Time Register by 35008-A Mon. 9/14-11/2 6-7 p.m. 9/3

Cost: \$45 (8 classes)

Other:

Zumba—An intermediate/advanced class.

Code Day(s) Date(s) Time Register by 35007-A Wed. 9/9-10/28 6-7 p.m. 9/3 35007-B Wed. 11/4-12/16* 10/30 6-7 p.m.

Cost: 35007-A: \$45 (8 classes)

35007-B: \$35 (6 classes) *Class does not meet 11/25.

Sports & Fitness



Boot Camp

Work hard, challenge yourself, achieve your fitness goals, and have fun with Boot Camp! Boot Camp is a high-energy, drill-based, interval program for intermediate/advanced fitness levels.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 35002-A
 Wed.
 9/9-11/11
 9-10 a.m.
 9/7

Cost: \$50 (10 classes) **Ages:** 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Aaron Biggs, ACE Personal Trainer, Indiana Cutters

semi-pro football

Adult Hockey League

Non-checking and fun, this is an open league for players of all skill levels. Full equipment is necessary for competition. Games take place Oct. 25–Feb. 4 and end with a playoff tournament Feb. 7–28. An organizational meeting takes place at the Frank Southern Ice Arena on Thur., Oct. 8 at 5:30 p.m. This program will accept the first nine properly registered teams. Head coaches play for free, limit one head coach per team. Coaches are responsible for forming their teams. The Arena will facilitate a player pickup list and goalie pickup list for those teams that need extra players. Pick up a team roster at the organizational meeting or the Frank Southern Ice Arena during regular business hours. Fifteen player minimum per team.

Day(s)Date(s)TimeRegister bySun., Tues., Thur.10/25–2/4TBD10/2

Cost: \$170/in-city, \$185/non-city, \$95 goalie (limit two per team)

Ages: 18 yrs. and up
Location: Frank Southern Ice Arena

Healthy Living



osier Hearing OLUTIONS

Hearing Screenings

Hoosier Hearing Solutions provides free hearing screenings every month.

Dates: 9/21, 10/12, 11/9, and 12/14

Time: 10–11 a.m.
Cost: FREE
Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Jennifer Rogers, Hoosier Hearing Solutions

Life Line Screening®

Ultrasound screenings can help you avoid a stroke. The screenings are recommended for anyone age 50 yrs. and up, and for anyone age 40 yrs. and up with high cholesterol, high blood pressure and/or family history of stroke and heart disease. With early detection, these problems can be treated. The results are sent directly to you and then you can follow up with your primary care physician. These tests are non-invasive and painless. There are also several discounted packages available.

*Pre-registration is required. Call 1-800-324-1851 to register or for

Pre-registration is required. Call 1-800-324-1851 to register or for more information.

Day(s) Date(s) Time Wed. 9/2 9 a.m.-4 p.m.

Cost: \$45 **Ages:** 18 yrs. and up.

Location: Twin Lakes Recreation Center



Balancing Act

Learn the balancing act! This class provides functional balance training, which is an exercise classification that involves training the body for the activities performed in daily life. Functional training may lead to better muscular balance and strength, joint stability, and improved posture.

Code Day(s) Date(s) Time Register by 35001-A Thur. 9/3–11/19 Noon–1 p.m. 8/31

Cost: \$40 (12 classes) **Ages:** 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Catherine Gossett

Belly Dance

\$45/in-city, \$55/non-city (6 classes, 6 hours)
For ages 18 yrs. and up • Instructor: Eiko
Twin Lakes Recreation Center

Belly Dance: Beginning

Discover the beauty of belly dance! Designed to teach new students the basics of belly dance movement, the class includes warm-up exercises, posture work, basic hand and arm movements, footwork, shimmies, and discussions about belly dance and Middle Eastern music. No previous dance experience is necessary.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 35010-A
 Tue.
 9/8–10/13
 6:45–7:45 p.m.
 9/2

 35010-B
 Tue.
 10/20–11/24
 6:45–7:45 p.m.
 10/14

Belly Dance: Intermediate

Building on basic techniques learned in the beginning class, the class introduces students to new movements, arm positionings, undulations, traveling steps, and choreographies.

Prerequisite: basic understanding of belly dance technique.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 35011-A
 Tue.
 9/8–10/13
 7:45–8:45 p.m.
 9/2

 35011-B
 Tue.
 10/20–11/24
 7:45–8:45 p.m.
 10/14

NIA Movement Program

NIA (Neuromuscular Integrative Action) is a movement program that combines selected movements and concepts from dance and martial arts, gives cardio and whole-body conditioning, and is adaptable to any fitness level. NIA is done to music barefoot or in soft shoes.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 35013-A
 Mon.
 9/14–10/26*
 7–8 p.m.
 9/9

 35013-B
 Mon.
 11/2–12/7
 7–8 p.m.
 10/28

Cost: \$40/in-city, \$50/non-city (6 classes, 6 hours)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Kay Johnson

Other: *Class does not meet 10/12.

What Health & Wellness classes would you like the Parks and Recreation Department to offer? Contact Lindsay Buuck at 349-3771 or buuckl@bloomington.in.gov.

Country Line Dancing—Beginning

Not only is line dancing fun, it can help you burn fat, increase energy, and feel great! Learn the boot scoot boogie, electric slide, and many other line dances during this one-hour session each week. What a great way to be active! No previous experience necessary.

Register by Code Dav(s) Date(s) 35012-A Wed. 9/16-10/21 7-8 p.m. 9/10 35012-B Wed. 10/28-12/9* 7-8 p.m. 10/22

Cost: \$31/in-city, \$39/non-city (6 classes, 6 hours)

Ages: 18 yrs. and up

Twin Lakes Recreation Center **Location:**

Instructor: Sara Deckard

Other: *Class does not meet 11/25.



Travel



Patoka Lake: Stay and Play

Relax and enjoy a two-hour houseboat ride on Patoka Lake while viewing eagle and peregrine falcon nests. Learn about the local history while enjoying a delicious box lunch. On the way home, visit various lodging experiences—from primitive camping to floating cabins, B&Bs, and five-star hotels. Price includes admissions, boat ride, box lunch, and transportation.

Code Dav(s) Date(s) Time Register by 9/22 36006-A Tue. 8 a.m.-5 p.m. 9/14

Cost:

Ages: 18 yrs. and up

Departs from and returns to the Twin Lakes **Location:**

Recreation Center.

Instructors: Kriste Lindberg and Judy Gray, Executive Director,

Orange County Economic Development Partnership

Orange County: Bounty of the Fall

Drive the back roads of Orange County and view the beauty of the fall while visiting a farmers' market, a co-op grocery/deli, an Amish basket shop, natural features including the Orangeville Rise, and more. Enjoy lunch at French Lick Winery, which specializes in Italian delicacies. Price includes transportation. Lunch is on your own. Entrées start at \$8.

Code Day(s) Date(s) Time Register by 36005-A Sat. 10/24 8:30 a.m.-4:30 p.m. 10/16

Cost: \$31

Ages: 21 yrs. and up

Location: Departs from and returns to the Twin Lakes

Recreation Center.

Instructors: Kriste Lindberg and Judy Gray, Executive Director,

Orange County Economic Development Partnership

French Lick Revitalization Tour

Visit beautiful French Lick, Indiana. Walk and peruse businesses along the revitalization tour, followed by lunch at the Donald Ross Golf Course Country Club's Hagen's Restaurant. Afterwards, visit magnificent West Baden Springs Hotel—one of the most impressive restorations in Indiana! Price includes admissions and transportation. Lunch is on your own (ranges from \$8-\$19).

Code Day(s) Date(s) Time Register by 36004-A Sat. 11/14 8:30 a.m.-4:30 p.m. 11/6

\$26 **Cost:**

18 yrs. and up Ages:

Location: Departs from and returns to the Twin Lakes

Recreation Center.

Instructors: Kriste Lindberg and Judy Gray, Executive Director,

Orange County Economic Development Partnership



of Bloomington

It's fall for fun and fun for fall with innovative. informative, and affordable classes from People's University, Parks and Recreation Department's adult leisure education program.

Encouraging lifelong learning in a relaxed environment, People's University offers courses in a variety of subject areas to adults 18 yrs. and up. We bring together businesses, teachers, and other community members with knowledge and skills to share with those who would like to learn. Originally proposed by the Greater Bloomington Chamber of Commerce, People's University contributes to the special quality of life in our community. Take time this fall to learn something new—just for you!

Opportunities for Instructors

We can assist you in the planning of your course and enjoy facilitating the sharing of knowledge and skills through the auspices of People's University. For information on how to propose a class, use the contact information below.

Early Bird Special!

At People's University we don't ask whether the class is half empty or half full, we ask how many are on the wait list. Register early and assure yourself a place in the course of your choice. The first student enrolled in each course will receive a free People's University tote bag at the first class meeting. They're great for carrying class supplies!

Legal Notice

People's University instructors often teach subject matter that relates to businesses or professional services that the instructors offer independently from Parks and Recreation programming. The City of Bloomington cannot and does not endorse any outside business, professional service, or other affiliation of its instructors. Legal, health/medical, or other professional information presented in People's University courses is intended for general information purposes only and may not be applicable to particular persons or situations. Course participants should not rely on such information as a substitute for individual counseling or professional advice.

Refund and Substitution Policies

See page 3.

For more information call H. Michael Simmons at 349-3737 or e-mail PUB@bloomington.in.gov.



John Waldron Arts Center Classes

The Parks and Recreation Department hosts a variety of two- and three-dimensional art classes offered by the Bloomington Area Arts Council's John Waldron Arts Center. Students of all ages are welcome. For a detailed class catalog and registration information, call the John Waldron Arts Center at 334-3100, Ext. 105.

Fall Session: September 7-December 13 (14 weeks)

Writing, Language & Literature

Ex Libris

Parks and Recreation and Barnes and Noble Booksellers invite the interested reader to **participate in an exciting novel discussion group and explore the best of new fiction.** Take part in a moderated discussion in the company of lovers of good books. Ex Libris meets on the fourth Wednesday of each month. The group does not meet in November and December. All selections are paperbacks unless otherwise indicated. For more information, call H. Michael Simmons at 349-3737.

Code Date(s) Description

27600-C 8/26 *Unaccustomed Earth* by Jhumpa Lahiri

37600-A 9/23 The Vanishing Act of Esme Lennox by Maggie O'Farrell

37600-B 10/28 A Reliable Wife by Robert Goolrick (hardback)

Cost: FREE Ages: 18 yrs. and up

BARNES & NOBLE BOOKSELLERS

Time: 6:30–7:30 p.m. Location: Barnes & Noble

Barnes & Noble Booksellers, 2813 E. Third St.

Instructor: H. Michael Simmons, City of Bloomington Parks

and Recreation

Other: Co-sponsored by Barnes & Noble Booksellers.

Sage-ing™: Cultivating and Sharing the Wisdom of Your Life

A program designed to cultivate the wisdom inherent in each of us, Sage-ing is based on the recognition that the insights we gain as we grow older have profound impacts on and meaning for those around us. By harvesting our life experiences, we can feel good about who we are, who we are becoming, and what we have to offer future generations. Sage-ing offers a positive view of how we can age to our fullest potential. Each class offers topic lessons and experiential activities.

Code Day(s) Date(s) Time Register by 37602-A Tue. 9/8–10/20* 6:30–8:30 p.m. 9/2

Cost: \$34/in-city, \$42/non-city (6 classes, 12 hours)

Ages: 18 yrs. and up

Location: City Hall, Kelly Conference Room, #155

Instructor: Beth Tobin, owner, Elder's Journey; Certified Sage-ing

Leader with the Sage-ing Guild

Other: Class does not meet 9/29. On 10/13 and 10/20, the class

meets in the Parks and Recreation Conference Room, #250.

Beginning Spanish

This course is appropriate for students with no prior knowledge of Spanish, or as a refresher for those with some experience. The focus is on everyday language, which is useful when traveling to a Spanish-speaking country. Students learn some cultural aspects of the Hispanic world and develop both speaking and listening skills.

Code Day(s) Date(s) Time Register by 37601-A Wed. 9/9–11/11 6:30–8 p.m. 9/2

Cost: \$34/in-city, \$42/non-city (10 classes, 15 hours)

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #A127

Instructor: Maria D. Peraza

Life Stories

We all have stories to tell, and many of us want to write them down. The class allows participants to collect some of their fondest memories on paper. Each class meeting begins with group and individual exercises to enhance creativity and bring memories to mind. Then we write our stories and have time for sharing. The class provides the opportunity to be intentional about writing our stories and the inspiration to continue after the end of the class.

Code Day(s) Date(s) Time Register by 37604-A Mon. 9/14–10/5 6:30–8:30 p.m. 9/9

Cost: \$32/in-city, \$40/non-city (4 classes, 8 hours)

Ages: 18 yrs. and up

Location: The first meeting will be in City Hall, Hooker

Conference Room, #245 with subsequent meetings

in the Kelly Conference Room, #155.

Instructor: Julie James, Life Coach

Improved Communication Through Public Speaking

Public speaking is a useful skill. Participants will learn to communicate more effectively through public speaking.

The class will allow participants to practice speaking to a small group, practice organizing ideas and preparing remarks, and practice using tools and techniques to keep the audience engaged.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37603-A
 Tue., Thur.
 11/3–11/5
 6:30–8:30 p.m.
 10/28

Cost: \$8/in-city, \$10/non-city (2 classes, 4 hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Jean Joque, Training Manager, City of Bloomington

Home, Garden & Beyond

Grow Organic Educator Series

Learn organic gardening from the experts and share your knowledge with the community in this organic outreach horticultural certification program, which covers soil science to seed saving and everything in between. Complete the course and volunteer hours in a number of community projects to be certified as a Grow Organic Educator or just take the course for your own enrichment. Textbook and comprehensive reference notebook included in fee. There will be a number of optional Saturday workshops and field trips scheduled. Get gardening with GOES!

 Code
 Day(s)
 Date(s)
 Time
 Register by

 27628-A
 Wed.
 9/2-12/2*
 6-9 p.m.
 8/26

Cost: \$120/in-city, \$150/non-city (13 classes, 39 hours)

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #A102

Instructor: A team of organic gardening experts

Other: *Class does not meet 11/25. Co-sponsored by

the Center for Sustainable Living and Bloomingfoods.

Bloomingfoods MARKET AND DELI

Get Your Garden Ready for Winter

It's time to clean up your garden. The class teaches participants how to propagate overgrown perennials, deadhead, trim, and prune trees and shrubs, and how to winterize the garden. This is also the time to start thinking ahead to spring, so the instructor shares ideas on improving the garden through the addition of color, texture, or new design features.

Code Day(s) Date(s) Time Register by 37610-A Thur. 9/10–10/15 6:30–7:30 p.m. 9/3

Cost: \$20/in-city, \$25/non-city

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Maria D. Peraza, horticulturist **Other:** Co-sponsored by Bloomingfoods.



Wildflower Folklore

Learn how some of our common wildflowers have inspired the imagination through the ages in this fun class with a native plant specialist.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37611-A
 Sat.
 9/12
 9-10:30 a.m.
 9/8

Cost: \$6/in-city, \$7/non-city
Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Bruce Behan

Other: Co-sponsored by Bloomingfoods.



Blooming foods

Edible Landscape Design

Imagine fresh vegetables, juicy berries, and luscious tree fruits growing harmoniously in an aesthetically pleasing landscape around your home. The workshop helps you **transform your home landscape into a beautiful oasis of abundant food-producing plants.**

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37612-A
 Mon.
 9/14
 6:30–8:30 p.m.
 9/9

Cost: \$10/in-city, \$12/non-city

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods. Free childcare

available for children ages 8–12 yrs.

Seed Saving

Learn seed-saving techniques. The class covers how to determine when seeds are ready for harvest, how to store them in ways to keep them viable, and a discussion of how seeds function.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37614-A
 Thur.
 9/17
 6:30–8 p.m.
 9/14

Cost: \$6/in-city, \$7/non-city
Ages: 18 vrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Marcia Pluta-Figueiredo

Other: Co-sponsored by Bloomingfoods.



Introduction to Permaculture

Permaculture is a system of ecological design that analyzes and replicates natural patterns in order to create sustainable human habitats. It has many applications in gardening and landscape design. Participants learn about the promise of permaculture for designing sustainable futures and how to implement permaculture design features at home.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37613-A
 Sat.
 9/19
 1-4 p.m.
 9/14

Cost: \$15/in-city, \$18/non-city

Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods.

Home-Scale Rainwater Harvesting

One inch of rain falling on 1,000 square feet of roof yields 625 gallons of harvestable water. The workshop explores different methods of collecting and using rainwater in the home and garden.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37627-A
 Mon.
 9/21
 6:30-8:30 p.m.
 9/16

Cost: \$10/in-city, \$12/non-city

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods. Free childcare

available for children ages 8–12 yrs.

Polyculture Paradise: An Introduction to Forest Gardens

Whether you currently live in a forest or just enjoy learning about new ways to garden, this class provides the information you need to construct one of the most productive landscapes ever known, a forest garden. The class covers the structure of a forest and how to replicate that structure, including discussions of light, water, buildings, and harvesting.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37617-A
 Mon.
 9/21–9/28
 6:30–8 p.m.
 9/16

Cost: \$10/in-city, \$12/non-city (2 classes, 3 hours)

Ages: 18 yrs. and up

Location: Bloomington South High School, 1969 S. Walnut St., #A102

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods.

Cut Your Carbon and Your Costs Workshop

Learn how to calculate, monitor, and reduce your carbon footprint while also reducing your energy bills. Using a nationally tested program and workbook, you choose what you want to do to reduce your carbon footprint and learn how to put your choices into action. Carbon dioxide (CO^2), which traps heat in the atmosphere, is the chief human contribution to global warming. By adjusting our daily routines and making small changes in our homes, we can reduce the CO^2 emissions for which we are responsible (our "carbon footprint") and help curb climate change.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37615-A
 Tue.
 9/22-10/13
 Noon-1:30 p.m.
 9/16

 37615-B
 Thur.
 10/8-10/29
 7-8:30 p.m.
 10/1

Cost: \$4/in-city, \$5/non-city (4 classes, 6 hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245 **Instructor:** 37615-A: Anne Veldman and Steve Cotter

38615-B: Stephanie Kimball

Other: Co-sponsored by Earth Care and Bloomingfoods.

A workbook fee of \$10 is payable to instructor in class.



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Home, Garden & Beyond (cont.)



Haunted by problems in your garden? Get some help from a friendly G.O.S.T. (Grow Organic Special Topic). Designed as continuing education opportunities for graduates of the Grow Organic Educator Series, these classes are open to anyone interested in learning how to improve organic gardening skills in specific areas. Take one or take them all. The haunt is over—get gardening with G.O.S.T. For ages 18 yrs. and up. Co-sponsored by Bloomingfoods.

For ages 18 yrs. and up \$\$10/in-city/\$12/non-city Location: City Hall, Hooker Conference Room, #245 Instructor: H. Michael Simmons, Advanced Master Gardener

Garden Ecology: Understanding Plant and Animal Interactions

Gardens are ecosystems which rely upon complex interactions in order to function properly. Gardeners who facilitate rather than hinder these interactions have healthy, productive gardens. The class introduces participants to the many interactions that occur between plants and animals in the garden and demonstrates how to facilitate the positive interactions and mitigate the negative ones through organic garden management strategies.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37616-A
 Tue.
 9/22
 6:30–8:30 p.m.
 9/16

Growing Herbs in Containers for Winter Cooking

Among the pleasures of cooking are the wonderful scents and tastes of fresh herbs. The coming of winter doesn't have to mean the end of those culinary pleasures. Anyone can grow a selection of herbs for cooking on a sunny windowsill or under lights in the basement. The class covers herb selection for indoor growing as well as how to plant, fertilize, water, and harvest herbs for use. Recipes provided.

Code Day(s) Date(s) Time Register by

6:30-8:30 p.m.

9/17

9/24

Trees in the Home Landscape

37618-A

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Trees are both the most important and the most expensive plant elements in the home landscape. Carefully selected tree species, planted in the right places, and maintained correctly can increase property value significantly. More importantly, such trees can reduce energy consumption through shading and wind protection, provide seasonal interest with colorful flowers, fruit, leaves, and bark, and create wildlife habitats. Learn how to plant the right tree in the right place and how to fertilize, mulch, and prune correctly.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37621-A
 Tue.
 9/29
 6:30-8:30 p.m.
 9/23

Plants to Dye For: Growing, Collecting, and Using Dye Plants

The art of using plant pigments to dye fabrics is an ancient one, but one that has declined in practice since the advent of synthetic dyes. Learn how to grow, collect, and use dye plants at home to dye yarn for weaving or art projects. The class covers plants, materials, and methods used for dying different textiles. Resource lists for plants and supplies provided.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37623-A
 Thur.
 10/1
 6:30-8:30 p.m.
 9/24

Grow Your Own Fertilizers

One goal of sustainable gardening is to reduce the use of fertilizers and soil amendments produced off site. The workshop teaches participants how to cultivate, harvest, and apply a variety of homegrown nutrient sources for the garden. Learn how to perform a basic soil test.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37620-A
 Mon.
 9/28
 6:30-8:30 p.m.
 9/22

Cost: \$10/in-city, \$12/non-city

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods. Free childcare

available for children ages 8–12 yrs.

An Introduction to Project Management

Project management tools can help in the planning and execution of any project from building a deck to creating a fundraising event for a non-profit organization. Learn how to use project management tools to save time, money, and headaches while guiding your project to a successful conclusion.

Code Day(s) Date(s) Time Register by 37622-A Wed. 9/30–10/14 6:30–8 p.m. 9/23

Cost: \$20/in-city, \$25/non-city (3 classes, 4½ hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: H. Michael Simmons

Paddle/Fish!

Explore the new sport of kayak fishing. Watch the mist rise on Griffy Lake and a great blue heron catching breakfast. Dress for the weather and bring a change of clothes. Kayaks, flotation devices, fishing gear, and instructions on how and where to fish are all provided. Cameras welcome—dry bags recommended.

Code Day(s) Date(s) Time Register by 37624-A Sat. 10/3–10/10* 8 a.m.–Noon 9/28

Cost: \$36/in-city, \$44/non-city (2 classes, 8 hours)

Ages: 18 yrs. and up

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Instructor: Conservation Officer Angela Goldman, Jennifer
Campbell-Allison, Gary Armstrong, Clint Kowalik,

and Jan (Hosier) Sneddon

Other: *Rain date is 10/17.

How to Make High-Quality Compost

Learn how to make a high-quality compost from homegrown ingredients and discuss a variety of composting methods, including worm composting and making compost tea.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37625-A
 Mon.
 10/5
 6:30-8:30 p.m.
 9/30

Cost: \$10/in-city, \$12/non-city

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen

Instructor: H. Michael Simmons, Advanced Master Gardener Other: Co-sponsored by Bloomingfoods. Free childcare

available for children ages 8–12 yrs.

Soil Savvy

How are soils are made and categorized? Learn how to determine what type of soil you have and how to improve it.

Code Day(s) Date(s) Time Register by 37632-A Sat. 10/10 9–10:30 a.m. 10/5

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Cost: \$6/in-city, \$7/non-city
Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Bruce Behan

Other: Co-sponsored by Bloomingfoods.

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Bloomingfoods

Water Conservation for Home and Garden

This introductory class discusses the reasons for conserving water and how to catch and save it in the home and in the garden. The class covers using, reusing, cleaning, and releasing water. The instructor provides information on the use of rain barrels, water tanks, ponds, berms and swales, rain gardens, and home reuse methods.

Code Day(s) Date(s) Time Register by 37628-A Mon. 10/19–10/26 6:30–8 p.m. 10/14

Cost: \$10/in-city, \$12/non-city (2 classes, 3 hours)

Ages: 18 yrs. and up

Location: Bloomington South High School, 1969 S. Walnut St., #A102

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Bloomingfoods

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods.

Garden Planning 101

Those seed catalogs will soon arrive. Learn how to plan a productive four-season garden before you order. Participants make 2010 garden maps with emphasis on crop rotation, companion planting, soil building, and cover cropping.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37629-A
 Mon.
 11/2
 6:30–8:30 p.m.
 10/27

Cost: \$6/in-city, \$7/non-city
Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen **Instructor:** Stephanie Solomon, Assistant Director,

Mother Hubbard's Cupboard

Other: Co-sponsored by Mother Hubbard's Cupboard

and Bloomingfoods. Free childcare available

for children ages 8-12 yrs.

Living Wreaths

See page 44.

Native Plant Alternatives for Your Garden

Many native plant species can be used in place of non-natives. Natives are adapted to our region and so require less maintenance, and they look great in the landscape. **The class helps you determine which natives will work for you.** Handouts provided.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37630-A
 Thur.
 11/12
 7-8:30 p.m.
 11/9

Cost: \$6/in-city, \$7/non-city

Ages: 18 yrs. and up
Location: City Hall, McCloskey Conference Room, #135

Instructor: Debra Beck, Registered Landscape Architect; Laura
Hohman, President, South Central Indiana Chapter of

the Indiana Native Plant and Wildflower Society; and Kriste Lindberg, Environmental Education Specialist,

City of Bloomington

Other: Co-sponsored by Bloomingfoods and the

Center for Sustainable Living.

Alien Invaders: Weeds to Watch Out For

Learn about the alien plants that are invading southern Indiana, how to identify them, and why they are a problem. Invasive alien weeds aren't just a problem in our forests; they are appearing in urban and suburban areas as well.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37631-A
 Sat.
 11/21
 1-2:30 p.m.
 11/18

Cost: \$6/in-city, \$7/non-city Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Cathy Meyer, Naturalist

Other: Part of the class will take place outdoors, so please

dress accordingly.

Cooking, Food, and Drink

For the Love of Tortillas

The course focuses on the rich history of the tortilla from its original form on the *metate* and *tortillera* to the traditional signature dishes of quesadillas, taquitos, tostadas, and enchiladas, all of which students will learn to make. Three hands-on class meetings enable students to have fun in the kitchen and learn the history of the versatile tortilla while preparing and enjoying a complete meal in each class. The course is designed for participants of all cooking skill levels and will emphasize meals that are quick, affordable, and use easy-to-find ingredients.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37635-A
 Tue.
 9/8–9/22
 6:30–8 p.m.
 9/2

Cost: \$48/in-city, \$58/non-city (3 classes, 4½ hours)

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen

Instructor: Zelideh Cabada

Other: Co-sponsored by Bloomingfoods. Free childcare

available for children ages 8–12 yrs.

Moonlight Supper on Clear Creek Bridge

Moonlight on the water; crickets and drowsy birds chirping; a natural setting and naturally good food are waiting where Clear Creek murmurs softly under the Harris Ford Bridge. Add the most exquisite tastes when Chef Matt O'Neill demonstrates the preparation of a delicious meal of Romaine and bibb lettuce with field greens accented with a blue cheese buttermilk dressing, red snapper with roasted corn and poblano pancakes, double-cream Brie and Angus beef napoleon, fresh herb colcannon and rainbow of vegetables, and black currant Linzer torte with vanilla whipped cream for dessert, and you have an experience not to be missed. A class, a meal, and romance for one low price!

 Code
 Day(s)
 Date(s)
 Time
 Register by

 27630-A
 Sat.
 9/12*
 6–8 p.m.
 9/8

Cost: \$35/in-city, \$43/non-city

Ages: 18 yrs. and up
Location: Clear Creek, Church Lane trailhead

Instructor: Chef Matt O'Neill

Other: *Rain date is 9/19. Registration indicates availability for

both the scheduled and rain dates. Co-sponsored by

Bloomington Cooking School.

Intro to Fermentation

Learn about the exciting and nourishing world of fermented vegetables, fruits, and grains. Lactofermented foods are not only easy and economical to make, they're also great for your health! Make your own fermented vegetables to take home and receive recipes for further adventures in lactic fermentation.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37636-A
 Wed.
 11/4
 6:30–8 p.m.
 10/28

Cost: \$6/in-city, \$7/non-city
Ages: 18 yrs. and up

Location: Banneker Community Center Kitchen

Instructor: Stephanie Solomon, Nutrition Education Coordinator,

Mother Hubbard's Cupboard

Other: Co-sponsored by Mother Hubbard's Cupboard

and Bloomingfoods. Free childcare available for

children ages 8–12 yrs.



Health & Wellness



Balanced Effort—Alignment and Core Support Through Yoga

The class focuses on building healthy alignment, postural awareness, and core strength through yoga, Pilates-based exercises, and other experiential explorations of movement. Both fun and functional, the class is ideal for students with some background with yoga or Pilates. Beginners are welcome.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37640-A
 Tue.
 9/8–10/13
 7–8:15 p.m.
 9/2

Cost: \$41/in-city, \$51/non-city (6 classes, 7½ hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Allana Radecki

Other: Students should plan on working barefoot. A yoga mat

or towel is helpful.



Bring a mat, a yoga block, and a belt or strap if you have one. If not, call 349-3737 for more information on these class supplies.

For ages 18 yrs. and up.

City of Bloomington Allison-Jukebox Community Center Instructor: Aaron Fleming, certified Iyengar yoga teacher

Senior Yoga

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class teaches poses with more modifications and props to accommodate older students.

Code	Day(s)	Date(s)	Time	Register by
37641-A	Wed.	9/9-10/14	5–6:15 p.m.	9/2
37641-B	Wed.	10/28-12/2*	5–6:15 p.m.	10/22

Cost: \$41/in-city, \$51/non-city (6 classes, 7½ hours)

Other: *Class does not meet 11/25.

Yoga: Level 1

Taught in the Iyengar tradition, which is known for its emphasis on safety and alignment, **this beginner's class is suitable for those new to yoga.** The class emphasizes standing poses, the foundation of the Iyengar method, and introduces preparations working up to shoulderstand.

Code	Day(s)	Date(s)	Time F	Register by
37643-A	Sat.	9/12-10/17	10:45 a.m12:15 p.m.	9/8
37643-B	Mon.	9/14-10/19	6:30–8 p.m.	9/9
37643-C	Mon.	10/26-11/30	6:30–8 p.m.	10/21
37643-D	Sat.	10/31-12/12*	10:45 a.m12:15 p.m.	10/26

Cost: \$48/in-city, \$59/non-city (6 classes, 9 hours)

Other: *Class does not meet 11/28.

Yoga: Level 1-2

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class is **suitable for beginners who are more athletic or those with previous yoga experience but new to the Iyengar method.** Standing poses, shoulderstand and plough pose will be used.

Code	Day(s)	Date(s)	Time	Register by
37642-A	Wed.	9/9-10/14	6:30–8 p.m.	9/2
37642-B	Sat.	9/12-10/17	9–10:30 a.m.	9/8
37642-C	Wed.	10/28-12/9*	6:30–8 p.m.	10/21
37642-D	Sat.	10/31-12/12*	9–10:30 a.m.	10/26

Cost: \$48/in-city, \$59/non-city (6 classes, 9 hours)
Other: *Class does not meet 11/25 and 11/28.

Core Rhythms Live

Developed by world ballroom dance champions Jaana Kunitz and Julia Powers, the class fuses the two hottest concepts in fitness today—core conditioning and Latin dance-based exercise. Dance your way to a totally fit body with this premiere dance-fitness program.

Code Day(s) Date(s) Time Register by

37645-A Mon. 9/14–10/19 8:15–9 p.m. Cost: \$48/in-city, \$59/non-city (6 classes, 5 hours)

Ages: 18 yrs. and up

Location: Arthur Murray Dance Studio, 2534 E. Third St.
Instructor: Arthur Murray Certified Core Rhythms Instructor
Other: Co-sponsored by Arthur Murray Dance Studio

Bollywood Dancefit

Dance your way to fitness today with an upbeat aerobics class based on the music and dance of popular Bollywood films. "Jai Ho!"

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37646-A
 Sat.
 9/19-11/7
 9-9:50 a.m.
 9/14

Cost: \$35/in-city, \$43/non-city (8 classes, 6 hours 50 minutes)

Ages: 18 yrs. and up

Location: Panache School of Ballroom and Social Dance,

311 E. Winslow Rd., Winslow Plaza

Instructor: César Wilson and Sandra Myers
Other: Co-sponsored by Panache School

of Ballroom and Social Dance.

Music & Dance



9/9

Mississippi Blues Guitar

Learn some classic Mississippi blues guitar songs and techniques. The course teaches finger-picking styles and alternate tunings, plus pieces by masters such as Robert Johnson and Willie Brown. Some knowledge of guitar chords and strumming required. Bring an electric or acoustic guitar.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37653-A
 Mon.
 9/14–11/2
 6:30–8 p.m.
 9/9

Cost: \$47/in-city, \$59/non-city (8 classes, 12 hours)

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #A127

Instructor: Jason Fickel

Hustle

Learn one of the most popular and versatile of nightclub dances.

The popularity of modern and retro music with a disco beat keeps this dance fresh, exciting, and full of energy.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37652-A
 Tue.
 9/15-10/20
 8:15-9 p.m.
 9/9

Cost: \$54/in-city, \$67/non-city (6 classes, 5 hours)

Ages: 18 yrs. and up

Location: Arthur Murray Dance Studio, 2534 E. Third St.

Instructor: Arthur Murray Certified Instructor

Other: Co-sponsored by Arthur Murray Dance Studio

Arthur Murray

Rumba and Nightclub Two-Step

Rumba, the slowest and most romantic of the Latin dances, accentuates "Cuban motion," which gives the dance its sensuous and elegant look. Nightclub two-step is a very popular dance in the country-western style. **Get two dances for the price of one in this new class.**

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37656-A
 Fri.
 9/18–10/23
 6–6:45 p.m.
 9/14

Cost: \$54/in-city, \$67/non-city (6 classes, 5 hours)

Ages: 18 yrs. and up

Location: Arthur Murray Dance Studio, 2534 E. Third St.

Instructor: Arthur Murray Certified Instructor

Other: Co-sponsored by Arthur Murray Dance Studio



Latin Street Dance

Put some fire in your life by learning Latin street dances, including salsa, merengue, and bachata, from experienced instructors in a relaxed class. A healthy low-impact aerobic sport, Latin street dancing is also a very useful social skill. Have fun and get fit at the same time!

 Code
 Day(s)
 Date(s)
 Time
 Register b

 37657-A
 Sat.
 9/19–11/7
 2–4 p.m.
 9/14

Cost: \$54/in-city, \$67/non-city (8 classes, 16 hours)

Ages: 18 yrs. and up

Location: Panache School of Ballroom and Social Dance,

311 E. Winslow Rd., Winslow Plaza

Instructor: César Wilson and Sandra Myers **Other:** Co-sponsored by Panache School

of Ballroom and Social Dance.

Lindy Hop

A uniquely American dance in origin, Lindy hop is now found around the world. Find friends, fun, and fitness with this energetic and versatile dance!

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37655-A
 Sat.
 9/19–10/24
 2:45–3:30 p.m.
 9/14

Cost: \$54/in-city, \$67/non-city (6 classes, 5 hours)

Ages: 18 yrs. and up

Location: Arthur Murray Dance Studio, 2534 E. Third St.

Instructor: Arthur Murray Certified Instructor

Other: Co-sponsored by Arthur Murray Dance Studio

Steel Drums for Everyone!

The class introduces students to the world of steel drums: where they came from and what they are capable of now. Students have the opportunity to learn simple music on different-sized instruments and learn the music that preceded steel drums (found objects, tamboo bamboo, and African drumming). Class culminates with a performance of music learned in class.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37658-A
 Tue.
 9/29–11/3
 7–8:30 p.m.
 9/23

Cost: \$37/in-city, \$46/non-city (6 classes, 9 hours)

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen

Instructor: Tom Berich

Other: Drums are provided for use in class. Free childcare

available for children ages 8-12 yrs.

Vocal Power and Range

Learn how to use the art of breathing to enhance vocal power and range in this class taught by a talented singer, songwriter, guitarist, and music educator.

Code Day(s) Date(s) Time Register by 37659-A Tue. 10/6–10/27 6:30–8:30 p.m. 9/30

Cost: \$18/in-city, \$22/non-city (4 classes, 8 hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Curtis Cantwell Jackson



Allison-Jukebox Community Center
For ages 18 yrs. and up • Instructor: Margot Scholz
Cost: \$54/in-city, \$67/non-city (6 classes, 6 hours)

Experience six weeks of professional ballroom instruction in swing, cha cha, rumba, waltz, foxtrot, and blues. Students master the steps and stylings in easy modules and learn which dances work with which music. Ballroom dancing is both an important social skill and also an enjoyable low-impact aerobic exercise. Have a convivial Friday evening while learning new skills and staying healthy!

Ballroom Dancing—Beginning

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37660-A
 Fri.
 10/16–11/20
 6:30–7:30 p.m.
 10/13

Ballroom Dancing—Intermediate

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37661-A
 Fri.
 10/16–11/20
 7:30–8:30 p.m.
 10/13

Arts & Crafts

Porcelain Painting

The class provides an introduction to china painting from basic brush strokes to a finished piece. Paint a piece of porcelain that you can take home. No previous experience necessary.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37670-A
 Tue., Thur.
 9/8–9/17
 6–8:30 p.m.
 9/2

Cost: \$8/in-city, \$10/non-city (4 classes, 10 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Jeanie Cummings

Other: Additional \$10 materials fee payable to instructor at first

class. The fee covers use of paints, brushes, three kiln

firings, and piece of porcelain to take home.

Beginning Knitting

Knitting is a wonderful, stress-relieving exercise, as well as a valuable skill for creating beautiful and useful items. Start knitting—you'll learn the basics in just

two hours! Start a scarf, and your needles will be flying in no time.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 37671-A
 Thur.
 9/10–9/24
 6–8 p.m.
 9/3

Cost: \$17/in-city, \$21/non-city (3 classes, 6 hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Jeanne Iler

Other: Bring size 5 needles and one skein of 4-ply, 100% cotton

yarn that is not textured. The instructor provides a supply list for the scarf at the first class. On 9/17 and 9/24, the class meets in City Hall, Parks and Recreation Conference

Room, #250.

How to Make Blown Glass Beads

Learn how to **make glass beads on a mandrel with borosilicate glass.** Beads will be available for pickup the following day. All materials are included in fee.

Code Day(s) Date(s) Time Register by 37672-A Tue. 9/15 6:15–8:15 p.m. 9/9

Cost: \$42/in-city, \$52/non-city

Ages: 18 yrs. and up

Location: Be Glass, 3808 W. Vernal Pk.

Instructor: Ross Thackery

Other: Co-sponsored by Be Glass.



Arts & Crafts

Basic Glass Bead Fusing

Participants learn how to cut glass into decorative shapes and melt it into wearable art. The class covers the basics of kiln safety and details of fusing and glass working. Participants may pick up their beads when convenient. All materials are included in fee.

Code Day(s) Date(s) Time Register by 9/29 6:30-8:30 p.m. 37673-A 9/23 Tue.

\$42/in-city, \$52/non-city

18 yrs. and up Ages: **Location:** Be Glass, 3808 W. Vernal Pk.

Instructor: Ross Thackery

Other: Co-sponsored by Be Glass.



Plants to Dye For

See page 40.

Floral Design

Have fun creating your own holiday decorations. The class covers flower arrangements, wreaths, and mailbox decorations, as well as how to care for poinsettias to make them last longer.

Code Day(s) Date(s) Time Register by 37674-A Tue. 10/20-11/24 6:30-8:30 p.m. 10/14

Cost: \$36/in-city, \$44/non-city (6 classes, 12 hours)

Ages: 18 yrs. and up

City Hall Kelly Conference Room, #155 **Location:**

Instructor: Maria D. Peraza, horticulturist

Other: After the first class, students supply their own tools and

materials based on instructions provided by the instructor.

6:30-8:30 p.m.

Co-sponsored by Bloomingfoods

Introduction to Stained Glass: Making a Glass Pumpkin

Learn basic glass safety, cutting, foiling, soldering, and all other elements of making a stained glass pumpkin window hanging. Tools and materials provided become property of participants at

end of class (including everything needed to begin new projects). Code Day(s) Date(s) Time Register by 37676-A

10/20-10/27

Cost: \$68/in-city, \$75/non-city (2 classes, 4 hours)

Ages: 18 vrs. and up

Tue.

Be Glass, 3808 W. Vernal Pk. **Location:**

Instructor: Ross Thackery

Co-sponsored by Be Glass. Other:



10/14

Watercolor and More! NEW!

The introductory class in mixed media painting provides creative ideas and technical knowledge for watercolorists. Projects include textures, soft pastels, and collage. Beginners are welcome.

Date(s) Register by Code Day(s) Time 37675-A 10/20-11/3 10/14 Tue. 6-8 p.m.

Cost: \$32/in-city, \$39/non-city (3 classes, 6 hours)

18 yrs. and up Ages:

Location: Allison-Jukebox Community Center

Instructor: Jeanne Iler

Other: Students receive a supply list after registration. Additional

\$12 materials fee payable to instructor at first class.

Living Wreaths

Learn how to make living wreaths (indoor, outdoor, or herbal), like those sold at the Bloomington Community Farmers' Market. Participants learn construction, plant selection, and proper care techniques and receive references and resource lists.

Register by Code Day(s) Date(s) Time 37677-A Thur. 11/5 6:30-8 p.m. 10/29

Cost: \$6/in-city, \$7/non-city

18 yrs. and up Ages: **Location:**

Banneker Community Center, Kitchen

Instructor: Marcia Pluta-Figueiredo

Other: Co-sponsored by Bloomingfoods. Free childcare available

for children ages 8-12 yrs.

Introduction to Cabochon Cutting

Start with a chunk of rock—end with a finished cabochon for making jewelry! See how plain rocks become stones ready for rings, necklaces, or other jewelry in this informative class taught by a talented local jeweler.

Code Date(s) Register by Day(s) Time 37678-A Thur. 11/19 6:30-8:30 p.m. 11/13

Cost: \$7/in-city, \$8/non-city 18 yrs. and up Ages:

Banneker Community Center, Kitchen **Location:**

Instructor: Tim Terry

Other: Free childcare available for children ages 8-12 yrs.

Finance

A Woman's Guide to Money Matters

Designed for women of all ages, the class teaches participants how to take control of their finances by examining their values and setting specific, measurable goals. The class covers how to prepare now for retirement, options for paying for a child's or grandchild's education, and developing a strategy to achieve financial goals.

Code Dav(s) Date(s) Register by 37680-A 9/10-9/24 9/8 Thur. 6:30-8 p.m.

\$8/in-city, \$10/non-city (3 classes, 4½ hours) Cost:

18 yrs. and up Ages:

Old National Bank, 2718 E. Third St.

Instructor: Debbie Day, Financial Advisor with Edward Jones

Investments

Other: A textbook (less than \$20) is available for purchase from

the instructor.

Starting a Specialty Food Business

The class provides information about joining the Bloomington Kitchen Incubator (BKI), a new nonprofit organization which supports fledgling **food businesses.** BKI helps entrepreneurs write business plans, navigate health code requirements, access a commercial kitchen facility (primarily the Food Works kitchen), develop appropriate labels and packaging, and distribute products. The class is perfect for gardeners and farmers wishing to use BKI to make value-added products from garden-fresh produce.

Code Day(s) Register by Date(s) Time 37681-A Wed. 9/23 7–8 p.m. 9/16

Cost: \$5/in-city, \$6/non-city

Ages: 18 yrs. and up

City Hall, Hooker Conference Room, #245 **Location:**

Instructor: Maggie Sullivan

Other: Co-sponsored by Bloomington Kitchen Incubator.



Volunteer Opportunities



Citizen Scientist Certification

Parks and Recreation is proud to offer a unique opportunity for community members ages 14 yrs. and up: Citizen Scientist certification. To receive this certificate, participants must complete at least one environmental education or scientific monitoring workshop, or attend two scheduled programs indicating a Citizen Scientist opportunity. Candidates must also volunteer at least 10 hours monitoring or maintaining the city's natural areas. For more information or to receive a list of upcoming workshops and Citizen Scientist opportunities, call 349-3736 or e-mail cotters@bloomington.in.gov.

Adopt-a-Trail Program

More than 30 trail miles in Bloomington's city parks need periodic inspection and maintenance to remain safe and usable. Parks and Recreation staff provide training and equipment to volunteer groups of any size for monthly trail monitoring and annual trail maintenance. Volunteer monitoring and maintenance hours can be applied toward your Citizen Scientist certification.

Bryan Park Creek Naturalization Maintenance

The Bryan Park Creek naturalized area requires periodic maintenance to control invasive species and ensure native plant success. Volunteers are needed to assist with monthly upkeep of this natural area.

Workdays take place on the first Wednesday of September and October. We meet at the Woodlawn Shelter at 5:30 p.m. and work until 7 p.m.

Dates: 9/2 and 10/7 Ages: For all ages.

Location: Bryan Park, Woodlawn Shelter

Summer 2009 BRAVO Award Recipients

April: Dr. Whitney Schlegel's HB (Human Biology) 401 capstone class, "The Complex Problems of Humanity" for their

involvement in the Hoosier Riverwatch and Citizen Scientist

Certification program.

May: Erin Fleser for her initiative and leadership role with the

Banneker at the View program and her thoughtful concern for

youth in our community.

July: Bob Moss for his ongoing support and involvement with the

Leonard Springs Nature Day program.

Volunteer for Leonard Springs Nature Day

Wednesday, September 9 (Rain date: Friday, September 11) Wednesday, September 23 (Rain date: Friday, September 25) Tuesday, October 6 (Rain date: Thursday, October 8) Wednesday, October 14 (Rain date: Friday, October 16) Tuesday, October 27 (Rain date: Thursday, October 29) Volunteer to teach area sixth grade students about our awesome natural heritage

through multiple stations including karst, creeks, wetlands, forests, and soils.

Duties: If you have an interest in the outdoors and enjoy working with children, sign up for one or more of our Leonard Springs Nature Day programs. We ask you to sign up for the actual and rain dates that fit with your schedule.

Program time: 9 a.m.–2 p.m. **Age of volunteers:** 18 yrs. and up **Number of volunteers:** 18 per day

Putting the Gardens to Bed

Crestmont Garden—Saturday, October 31

Willie Streeter Garden—Sunday, November 1

Gardeners and others with green thumbs are invited to clear the plots and put the gardens to bed for the winter months.

Duties: Volunteers harvest remaining produce left in the garden and prepare it for donation to the Hoosier Hills Food Bank. Remove hardware items from the garden, including tomato cages and stakes, and organize them for convenient storage. Pull remaining plants from the plots and place them in the compost bins for fertilization in the spring.

Program time: 1–4 p.m. both days **Age of volunteers:** 12 yrs. and up

Number of volunteers: 10–15 for Crestmont Garden, 30–50 for

Willie Streeter Garden

Get Involved ... Volunteer!

Look for the volunteer symbol throughout this program guide.

For a complete listing of upcoming volunteer opportunities visit www.bloomington.in.gov/parks.

If you would like to volunteer with Parks and Recreation, receive a Volunteer Opportunities brochure, or be added to our Volunteer Opportunities e-mail list, contact Kim Ecenbarger at 349-3739 or ecenbark@bloomington.in.gov.

Festival of the Falls

Friday, October 23 and Saturday, October 24

Celebrate the autumn along with the falling leaves near the stunning waterfalls at Lower Cascades Park. Bloomington's second annual Festival of the Falls includes activities for all ages on both Friday and Saturday. Festivalgoers will be able to ride hayrides, bounce in inflatables, tour the Trick-or-Treat Trail, shop local art and craft vendors, and listen to great music. If it's food festivalgoers are after, there are plenty of seasonal food and drinks for the whole family to enjoy.

Duties: A number of volunteers are needed to facilitate the weekend activities while enjoying everything Festival of the Falls has to offer. For example, transform into a Trick or Treat Trail character and distribute treats, oversee the campfire and marshmallow roasting, serve apple cider while listening to ghost stories, or engage children in various activities. Be a part of this community-wide

Program time: Friday: *Shift #1*, 3–8 p.m. (20 vol. for Trick or Treat Trail)

Shift #2, 6–10 p.m. (3–5 vol. for Festival of Ghost Stories) Saturday: 3–9 p.m. (20 vol. for setup, activities, teardown) **Location:** Lower Cascades Park, 2851 N. Old State Rd. 37

Age of volunteers: 16 yrs. and up

Soccer Sport Shorties

Tuesdays, October 20–November 17

This six-week program teaches 3- through 6- year-olds the FUNdamentals of team soccer at an early age. Sport Shortie athletes learn the basic skills of soccer in a fun and safe recreational atmosphere.

Duties: Are you a soccer fanatic? Do you like children at the adorable ages of 3–6 yrs.? Here is your chance to help us develop our next IU soccer superstar. **Program time:** Coaches are assigned a one-hour shift between 11 a.m.–1 p.m. Coaches can also choose to volunteer with each age group for the entire shift. **Location:** Twin Lakes Recreation Center, 1700 W. Bloomfield Rd.

Age of volunteers: 16 yrs. and up Number of volunteers: 6 Other: Tuesday, October 20, 9:15 a.m.

The Holiday Market

Saturday, November 28

Do you enjoy the festive community atmosphere of the Farmers' Market? Searching for the perfect holiday gift? Love those TubaSantas? The Holiday Market features some of your favorite, locally grown farm products, arts and crafts by area artisans and those unforgettable TubaSantas.

Duties: We're looking for volunteer elves to decorate, serve refreshments and assist with teardown.

Program time: Shift #1, 9:30 a.m.–12:30 p.m./Shift #2, Noon–3:30 p.m.

Location: Showers Plaza, 401 N. Morton St.

Age of volunteers: 16 yrs. and up **Number of volunteers:** 4–5 per shift

Other: Come dressed according to the weather. Don't forget your hats

and gloves!

Special thanks to our Parks Partners! So many of our programs and events are made possible through the involvement and sponsorship of local businesses and organizations. Sponsorship comes in the form of products, gift certificates, media sponsorship, services and dollars. We'd like to thank the following sponsors for their involvement this past program season.



Congratulations to the 2009 Winter— Spring Parks Partner recipient!

Osmon Chiropractic Center



In July 2009, Osmon Chiropractic was recognized as our Parks Partner Award recipient. They were active during the Winter/Spring program season sponsoring the Children's Expo, Egg Scramble and Hoosier Hustle, while also participating in other City events such as the Senior Expo and the Health and Wellness Fair.

Brandon Osmon and his wife Kellie opened their business in January 2008 with a vision of improving the health and vitality of the local community. Community service and philanthropy are definite drivers of their practice. They are a site for Volunteers in Medicine and are constantly doing promotions that support local charities.

We thank Osmon Chiropractic for valuing our department and helping us offer quality programs and events emphasizing wellness, while contributing to the overall well-being of the Bloomington community.

Parks Contributors

Amedisys Home Health Care Associates of Integrative Health Author House Aver's Pizza Bikesmiths Bicycle Shop **Bloomington Transit** CFC, Inc. DDL Homes, Inc. Harley Davidson **Hoosier Hearing Solutions** Indiana University Foundation Monroe County Prosecuting Attorney Chris Gaal Plato's Closet Richland Bean Blossom Health Southern Indiana SCUBA St. John, May & Woolford Stone Age Institute Wandering Turtle

Parks Supporters

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IU Hockey Team
IU Continuing Studies
K & S Rolloff
Olympus Properties
Scholars Inn/Bakehouse, Inc.

Parks Patrons

Blue Bird Buffalo Wild Wings Comfort Keepers Community Kitchen Crazy Horse Downtown Bloomington Inc.
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Parks Donors

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Take a look at some of our Fall-Winter Sponsorship Opportunities:

B-Line Backer

Market: General community

Salsa Contest at the Farmers' Market

Market: General community

Bloomington Parks and Recreation Youth Basketball

Market: Youth and families

Festival of the Falls
Market: General community

For a complete list of sponsorship opportunities along with marketing benefits, visit our Web site at www.bloomington.in.gov/parks and click the link.

Contact Special Services Coordinator Kim Ecenbarger at 349-3739 or by e-mail at ecenbark@bloomington.in.gov to align your business with any of these programs or events.

Parks Partners

Bloomingfoods
Bloomington Board
of Realtors
Bloomington Hospital
Elder Care Connections
F.C. Tucker, John West

First Appraisal Group, Inc.

The Herald-Times
Indiana Business Research Center
Indiana Division on Aging
Indiana University Kelley School of Business
Internal Medicine Associates

Lisa Baker, DDS May Agency Osmon Chiropractic Center Residence at McCormick's Creek Rocky River Farm Twisted Limb Paper Works

US Army National Guard

UPS









Sponsorship Benefits

Recognition Your business name will appear in our seasonal program guide, mailed to area households, and may also appear in other promotional materials such as posters, flyers, ads, our Web site or on-site signage.

Community Support Your sponsorship dollars directly support programs and services for Bloomington-area residents. We partner with many other local agencies to bring participants the best possible entertainment, educational and recreational programs.

Would you like to make this list?

This brochure reaches approximately 30,000 households in the Bloomington area, and your business name can be added to this list. Our friendly sponsorship coordinator is happy to send you a list of sponsorship opportunities currently available. All you have to do is ask!

Give Kim Ecenbarger a call at 349-3739, or e-mail ecenbark@bloomington.in.gov.

A list of current and upcoming sponsorship opportunities is available on our Web site at www.bloomington.in.gov/parks. Your sponsorship means our programs can be offered at a quality level and affordable price to participants.





Lynsie Burton and Karen Serfling at the B-Line Trail opening celebration. Photo by Julie Ramey.

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Delinis Heinis	349-3767
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Dennis Robertson	MEO III
John Sahaanayar	349-3499 Laborer II
John Schoolovei	349-3499
Rob Turnin	Operations Crew Leader
100 Turpin	349-3499

How To Register: Choose one of five ways



Online registration available 24-7! Visit us on the Web:

www.bloomington.in.gov/parks Secured for credit card payment.

Register in person by coming to the City of Bloomington Parks and Recreation office located in City Hall at 401 N. Morton St., Ste. 250, Monday-Friday, 8 a.m.-5 p.m.



Simply complete the registration form and send it to **Bloomington Parks** and Recreation 401 N. Morton St., Ste. 250 Bloomington, IN 47404 Registrations must be received before the deadline.



registration form to (812) 349-3705. Be sure to include your Visa or Mastercard number and expiration date. Available 24 hours a day!

A convenient drop box is located outside City Hall. at the "401" address doors. Drop off your registration after hours or whenever it's convenient for you. Make sure you drop off before the registration date.

DROP OFF

AM I A CITY OF BLOOMINGTON RESIDENT? A resident is any person who resides within the City's corporate limits. Do you pay Bloomington property taxes? Do you have a City of Bloomington trash pickup service? If you can answer "yes" to both of these questions, then you are a "City of Bloomington Resident." If you are in an apartment and unsure if the property is "in-city" we can verify by checking your address. Even if your mailing address is "Bloomington," it does not necessarily mean you are a City resident. Please call the City of Bloomington Parks and Recreation office at 349-3700 if you have residency questions.

FEES AND CHARGES City of Bloomington Parks and Recreation is a City of Bloomington department under the administration of the Mayor of Bloomington. City of Bloomington residents, through property taxes, make a significant contribution to the operation of the park system. Non-resident fees are charged so non-resident participants can fairly contribute to overall financing of the park system. Fees are listed separately for City of Bloomington residents and non-city residents. Residency verification may be requested.

WAIVER OF LIABILITY The City of Bloomington is not responsible for any injuries sustained as a result of participation in any department sponsored activity, or while using departmental facilities. It is recommended that anyone enrolled in a program or using facilities make provisions for adequate coverage within their own insurance plan.

LATE REGISTRATION Any registrations received after the deadline date may be subject to a

REFUND POLICY No refunds are provided after the first day of a program. All refunds are subject to a \$2 fee. If the \$2 charge does not cover costs incurred by the department, the refund may be pro-rated in addition to the \$2 charge. There are no refunds on season passes. Full refunds are given on all programs canceled by City of Bloomington Parks and Recreation.

WAITING LISTS If your desired class is filled, you will be notified and placed on a waiting list.

REGISTRATION PROCEDURES Complete the registration form, online or hard copy, making sure all information is current and correct. Parent/guardian information is vital in the event of an emergency. Include all pertinent information, including the program code listed beside the program information. Read and sign the waiver statement located in the lower left area of the registration form. Pay by check, money order, Visa or Mastercard. Make checks payable to Bloomington Parks and Recreation. If paying by credit card, please include the card number, expiration date and signature in the spaces provided. Full payment is required at the time of registration. Forms will be processed in the order received. Register early! All forms must be received by the registration deadline. City of Bloomington Parks and Recreation is not responsible for lost or late mail. **Registration receipts** will be mailed to you. This is not a guarantee of enrollment, but an acknowledgement of your registration. We will contact you by phone or mail if there is a

ate registration fee.			problem wi	th your registr	ation.		
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Name (parent/guardian if participant is under 18 or u	ınder legal	l guardianship)					
Street Address				Work Pho	one		
City State Zip Eme				Emergen	cy Contact		
City of Bloomington Resident? Ye (If you are unsure of your residency status, plea				E-mail Ad	ddress		
How did you hear of this program?	Program (Guide Newspap	er Flyer Frier	nd E-mail	Web site Prev	ious Participant C	Other
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Inclusive Service Request: Reasonable accommodations are needed to participal disability. (circle one) YES NO If YES, please complete an Inclusion Assessment and the two weeks notification for reasonable accommodations in	ne Inclusive R	ecreation Coordinator	will contact you. We re	quest at least	☐ Youth Scl ☐ Blooming ☐ Blooming	oluntary Donation nolarship Fund ton Tree Fund ton Park and n Foundation	\$1 \$3 \$5 Other \$
The undersigned is the adult Program Participant, or	•					nclosed	\$
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there is risk of injury. In the event that the Program Pa City of Bloomington Parks and Recreation Departmen	articipant sus	tains an injury in the	course of the program	n, and the		ail cash) 🗆 Che	ck/Money Order
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release applies to any present or future injuries and the and administrators. The Program Participant may be	nat it binds th photographe	e Undersigned, Unde d and videotaped whi	ersigned's spouse, he ile participating in Par	irs, executors ks and	Signature (required if using credi	t card)	
Recreation activities, and consent is given for the repil I have read this release and understand all of its term				oublicity.	Make chec City of Bloo	k or money order p mington Parks and	ayable to: Recreation
Signature (parent/guardian if participant is under 1	8 or under le	egal guardianship)		Date	City of Bloo	lail registrations to mington Parks and reet, Ste. 250, Bloor	Recreation